

Effect of ageing of human visual system **on spatio-chromatic contrast vision**

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**How is spatio-chromatic
contrast quantified?**

Weber Contrast

(between background and stimulus of uniform area)

$$C = \frac{I - I_b}{I_b}$$



Michelson Contrast

(between peaks of periodic stimulus)

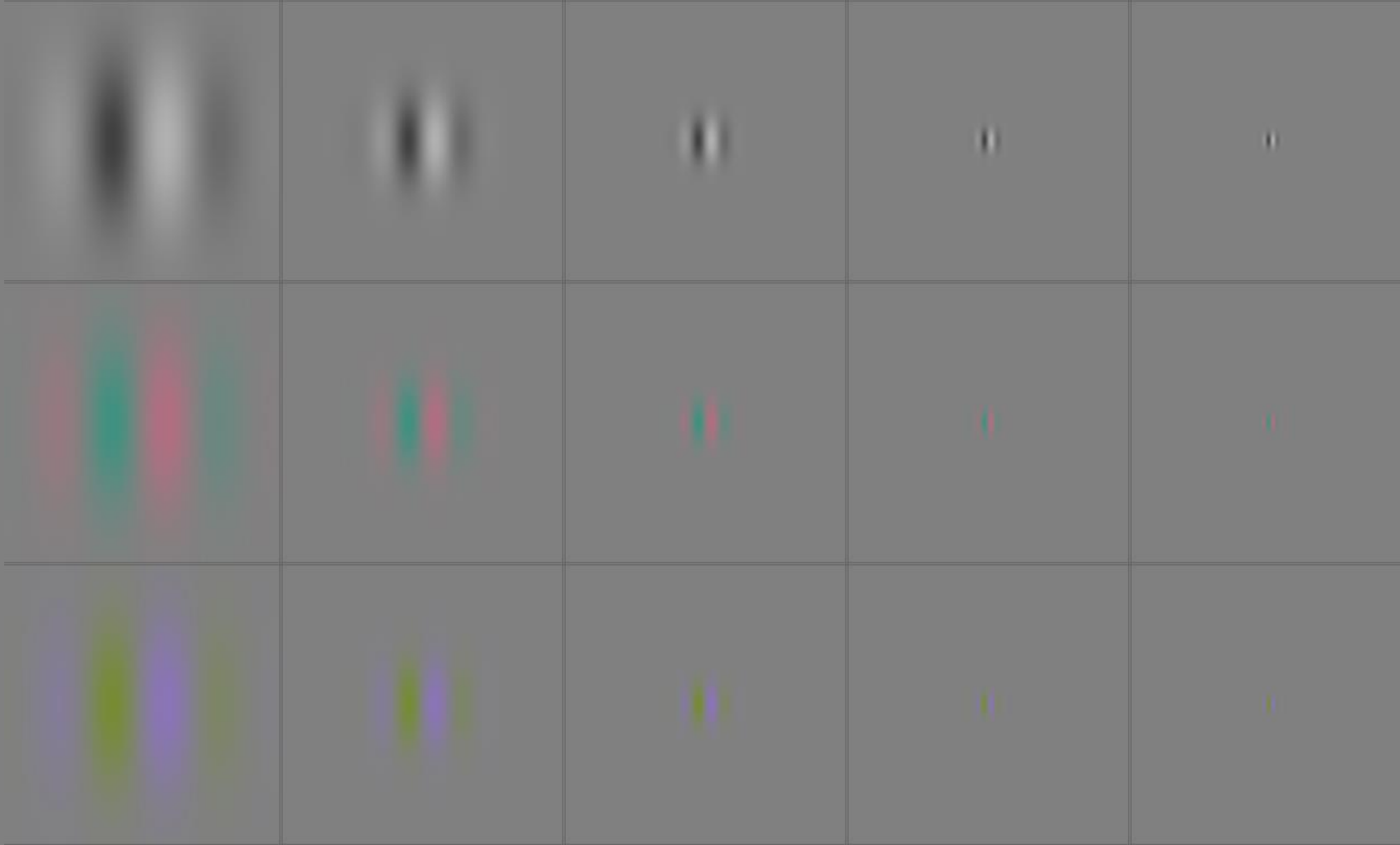
$$C = \frac{I_{max} - I_{min}}{I_{max} + I_{min}}$$



$$C = \frac{1}{3} \sqrt{\left(\frac{\Delta L}{L_0}\right)^2 + \left(\frac{\Delta M}{M_0}\right)^2 + \left(\frac{\Delta S}{S_0}\right)^2}$$

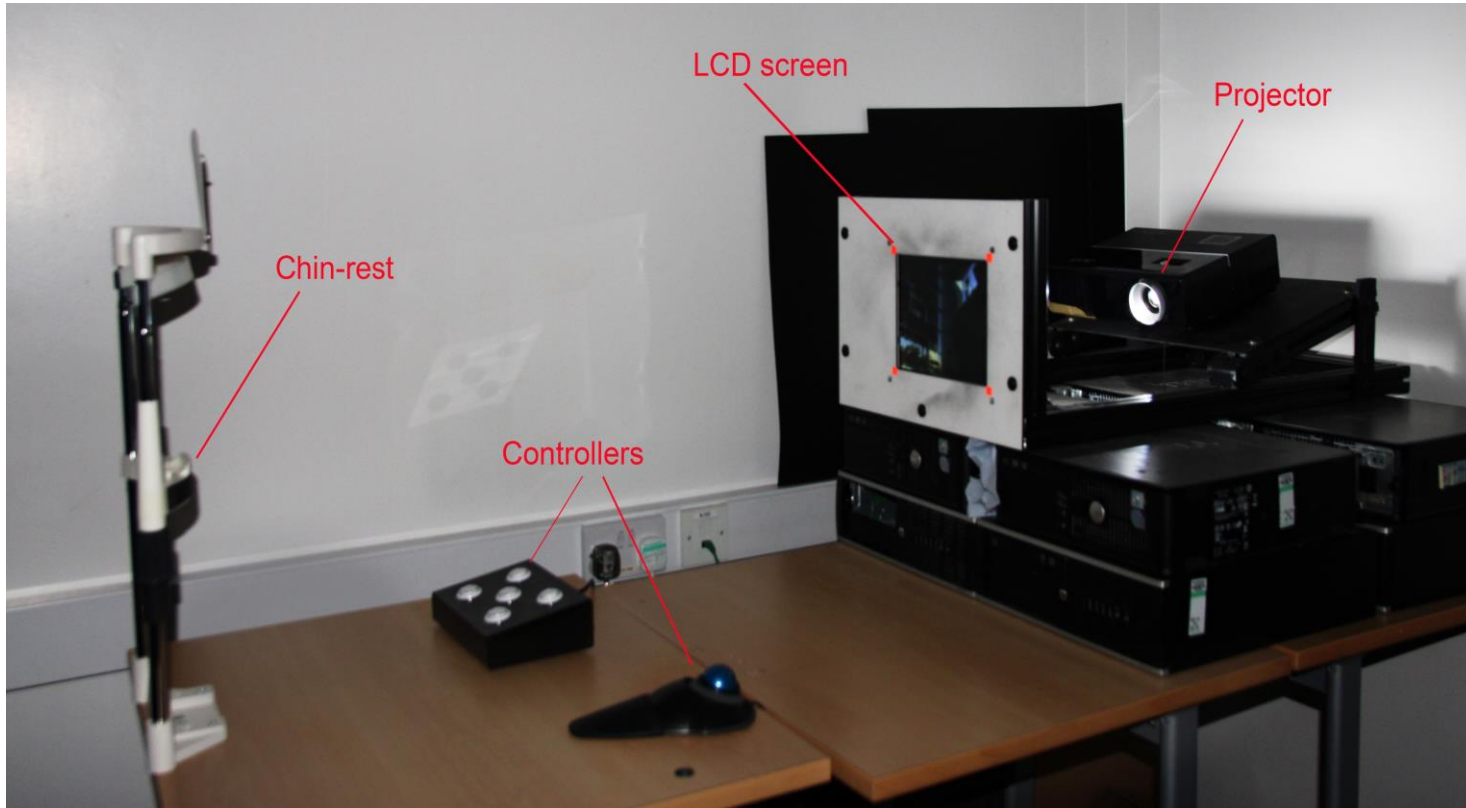
Chaparro, A., Stromeyer, C. F., Huang, E. P., Kronauer, R. E., & Eskew, R. T. (1993). Colour is what the eye sees best. *Nature*, 361(6410), 348-350.
Brainard, B. D. H. (1982). Appendix - Part IV: Cone contrast and opponent modulation color spaces. In *Human Color Vision* (pp. 563–579).

Stimuli & Experiment



APPARATUS

HDR display with peak luminance 35,000 cd/m²
and maximum contrast: 1,000,000 : 1



METHODOLOGY

4AFC detection task

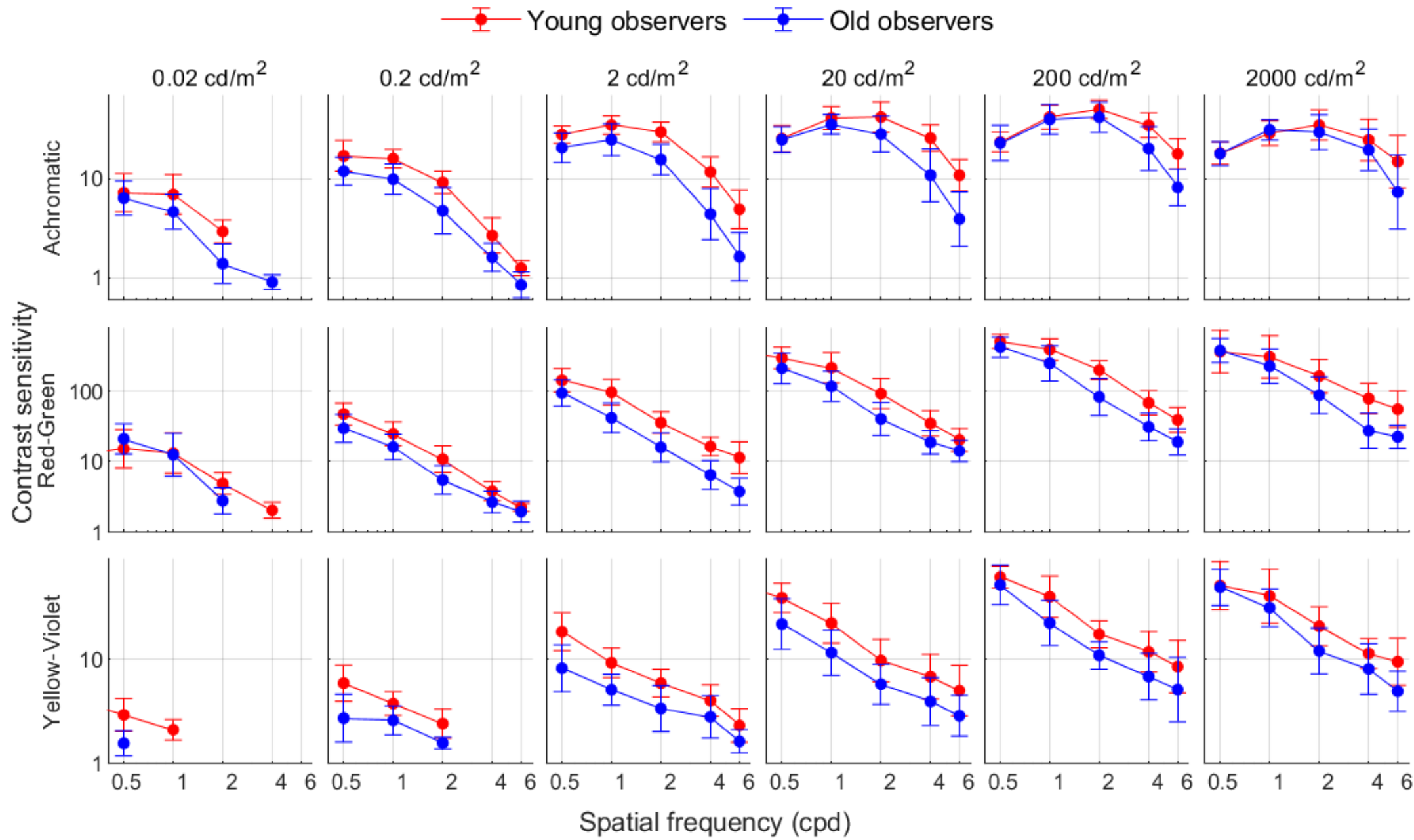
5 spatial frequencies and 3
colour directions interleaved
within each session

Viewing distance: 91 cm;
Display size: 12.5° x 9.4°

20 young colour-normal
observers (mean age: 33)

20 old colour-normal observers
(mean age: 65)

Results



Contrast sensitivity decreases with age

~ 0.3 LOG UNITS OR 3 DB

Ageing of Human Visual System

Optical

Transmission changes in lens, cornea, ocular fluids, pupil constriction, etc.

Sensory

Reduction in density of retinal photoreceptors, degradation in cone pathways

Cortical

Neural decline in visual cortex

**How does ageing of pre-retinal
components affect vision?**

AGEING LENS

Lens yellows over time naturally even in the absence of any optical pathology

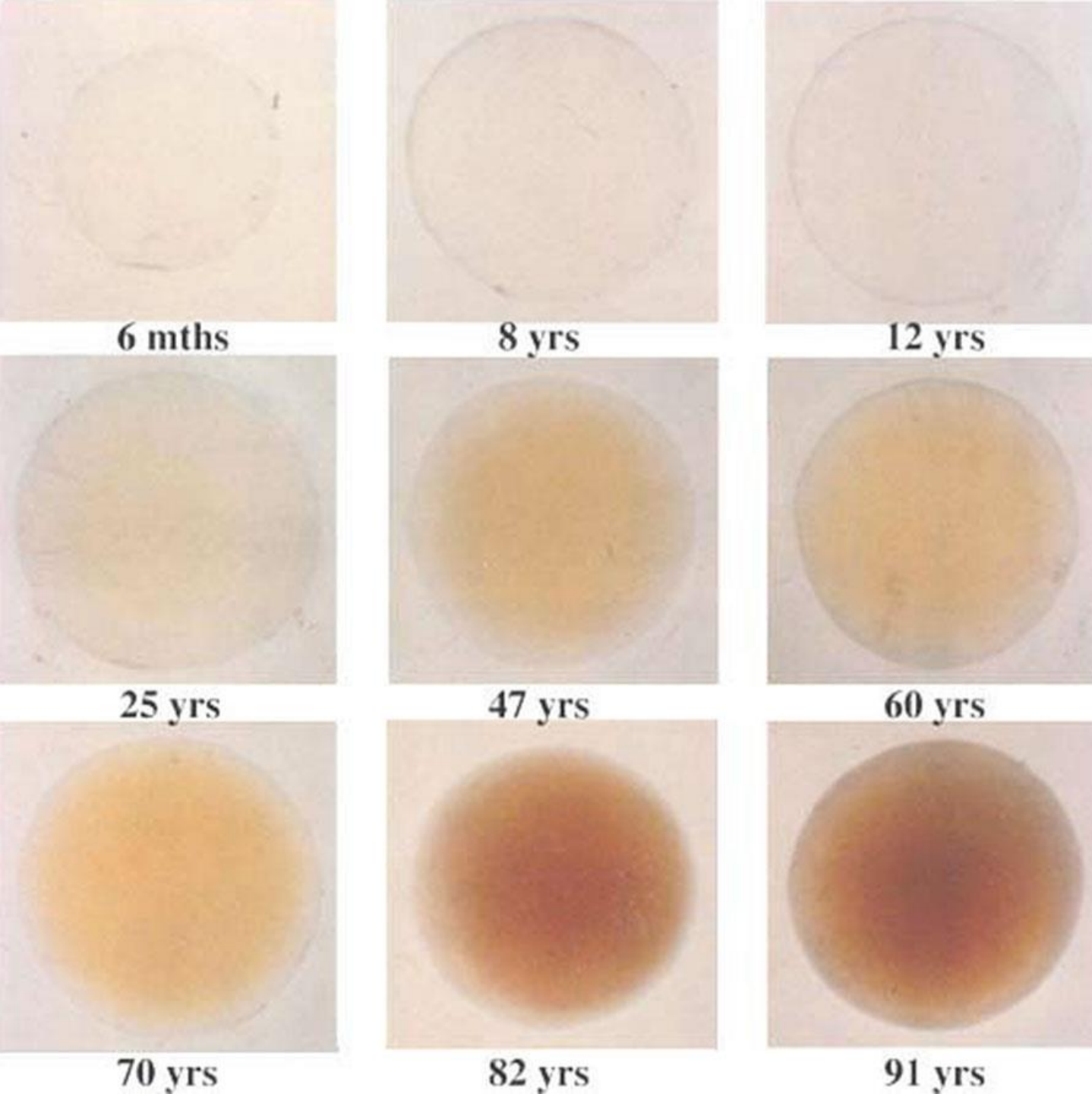


Image Source: Lerman, Sarah. (1980). *Radiant energy and the eye* (Vol. 1). Macmillan.

SENILE MIOSIS

- Pupil size decreases with age

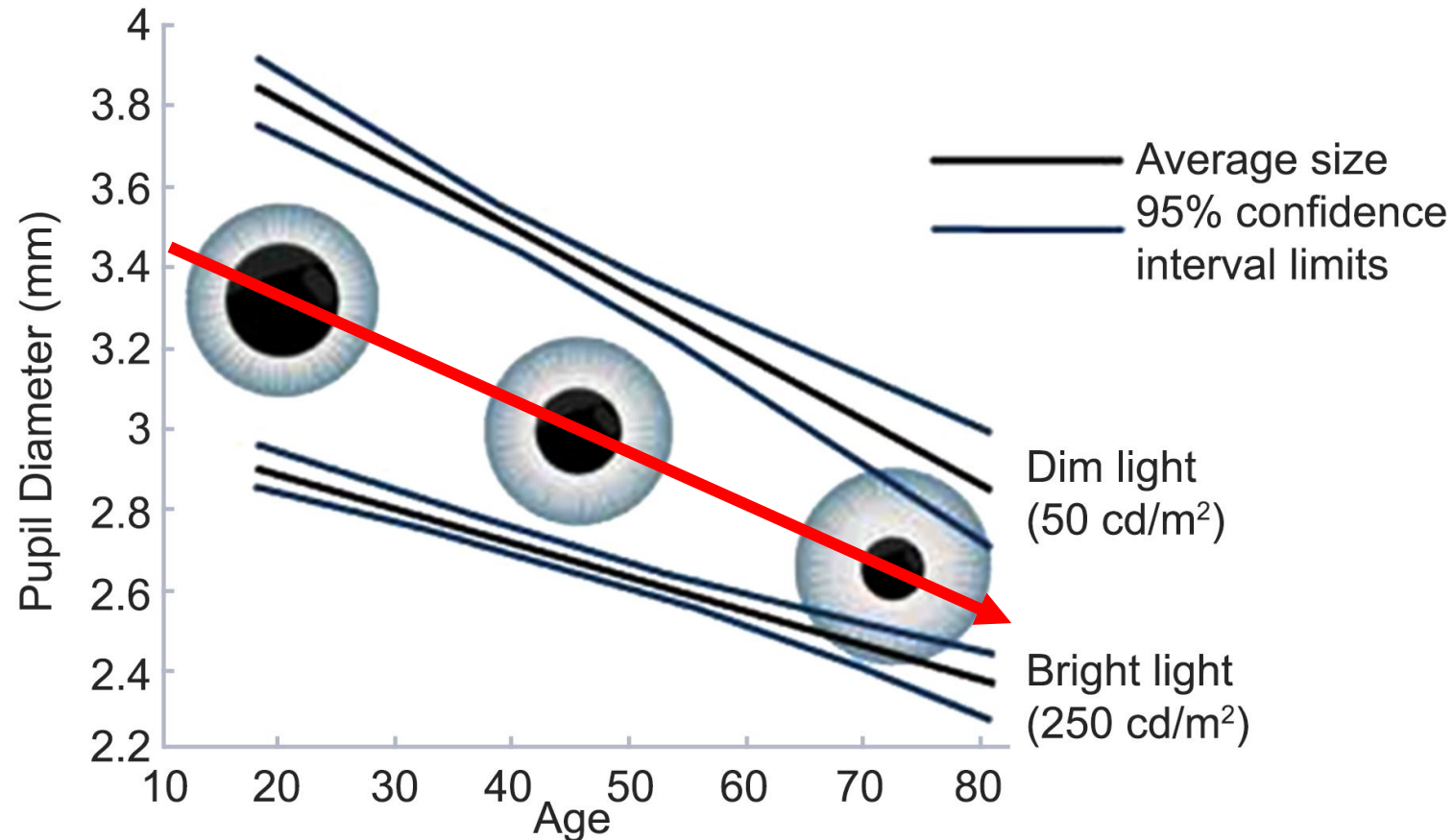


Image Source: Dumbleton K, Guillon M, Theodoratos P et al. The effects of age and refraction on pupil size and visual acuity: implications for multifocal contact lens design and fitting. Poster at BCLA Clinical Conference, May 2015.

SENILE MIOSIS

- Pupil size decreases with age
- **Pupil flexibility decreases with age**

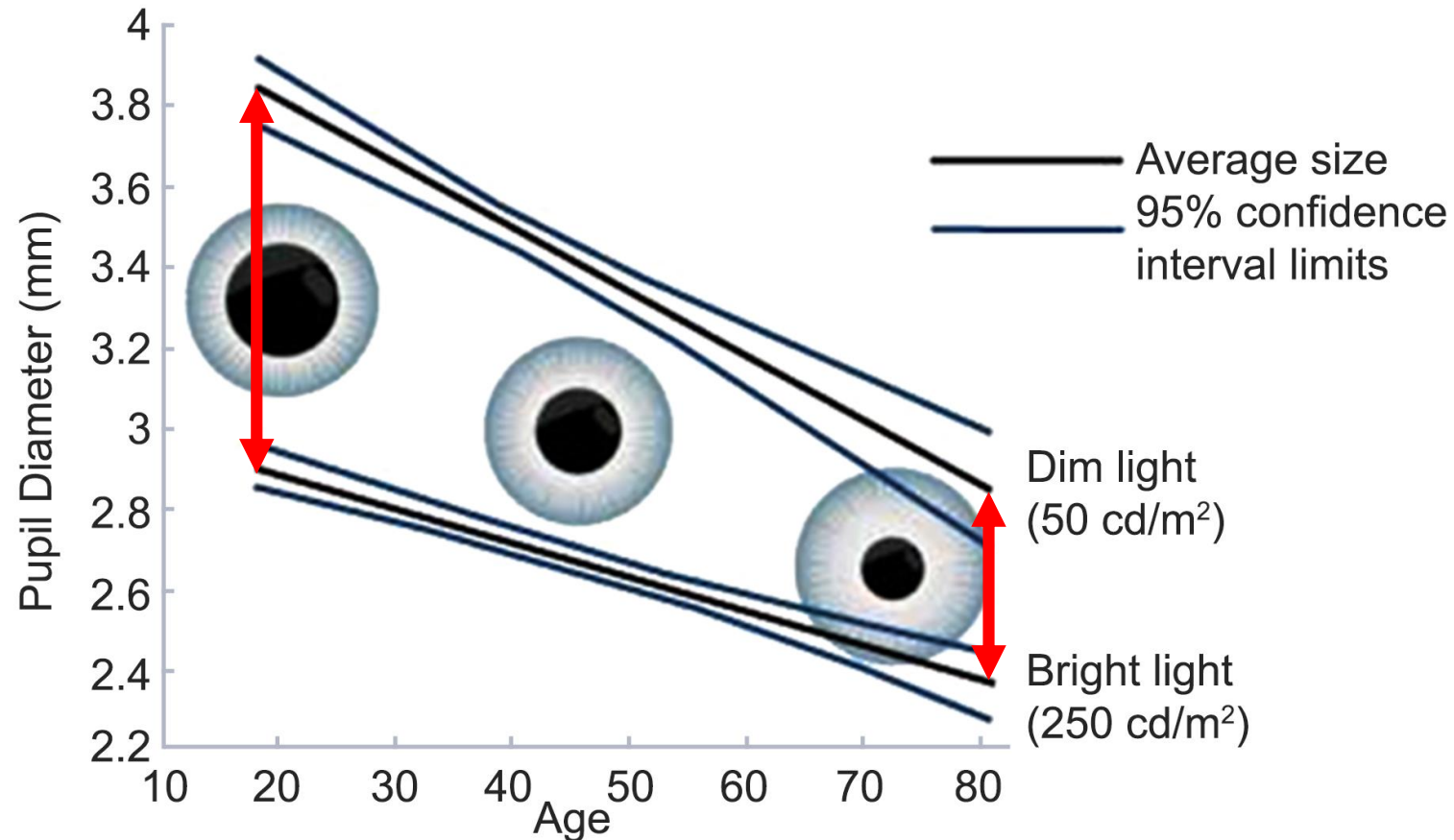
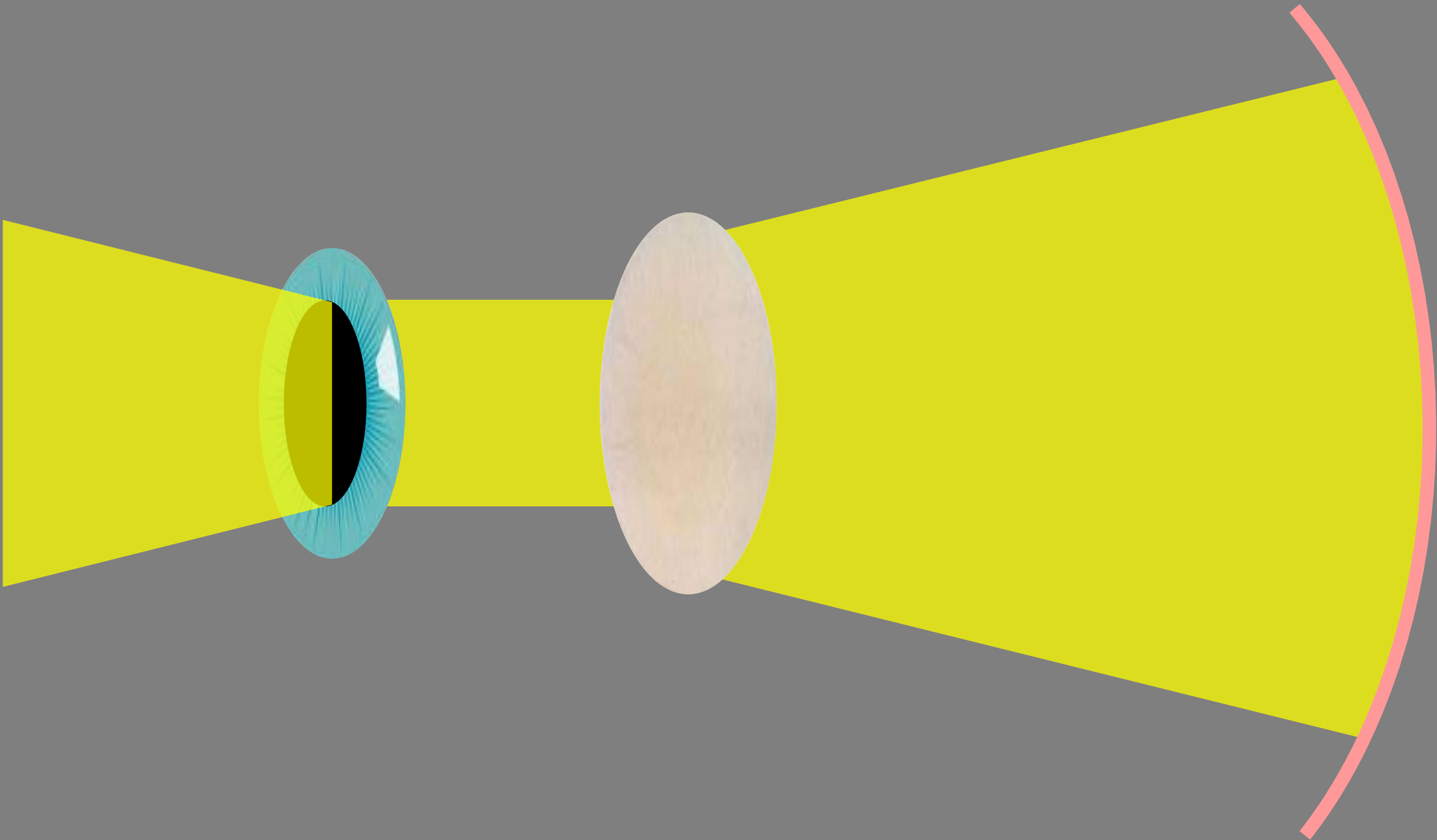
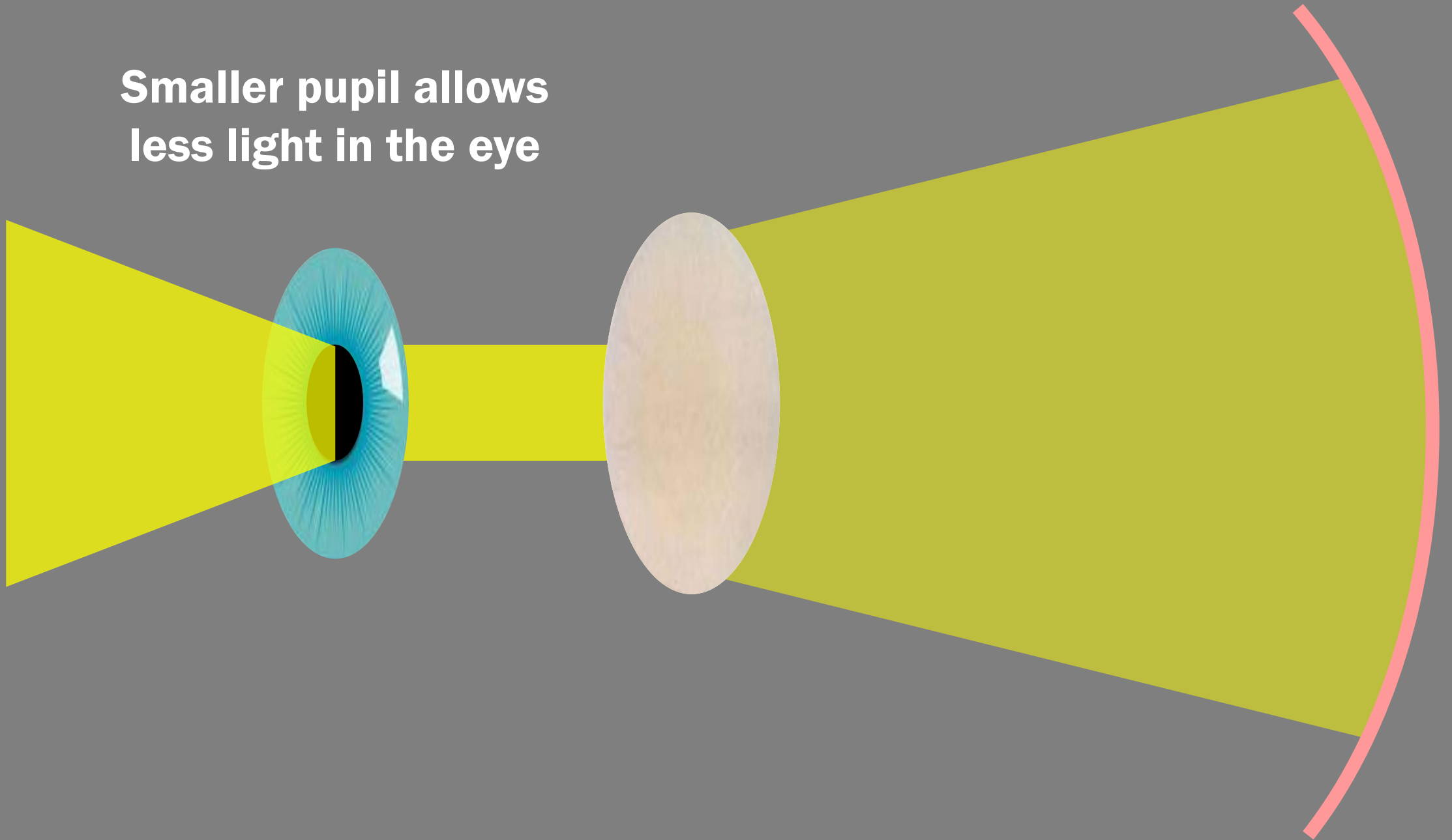


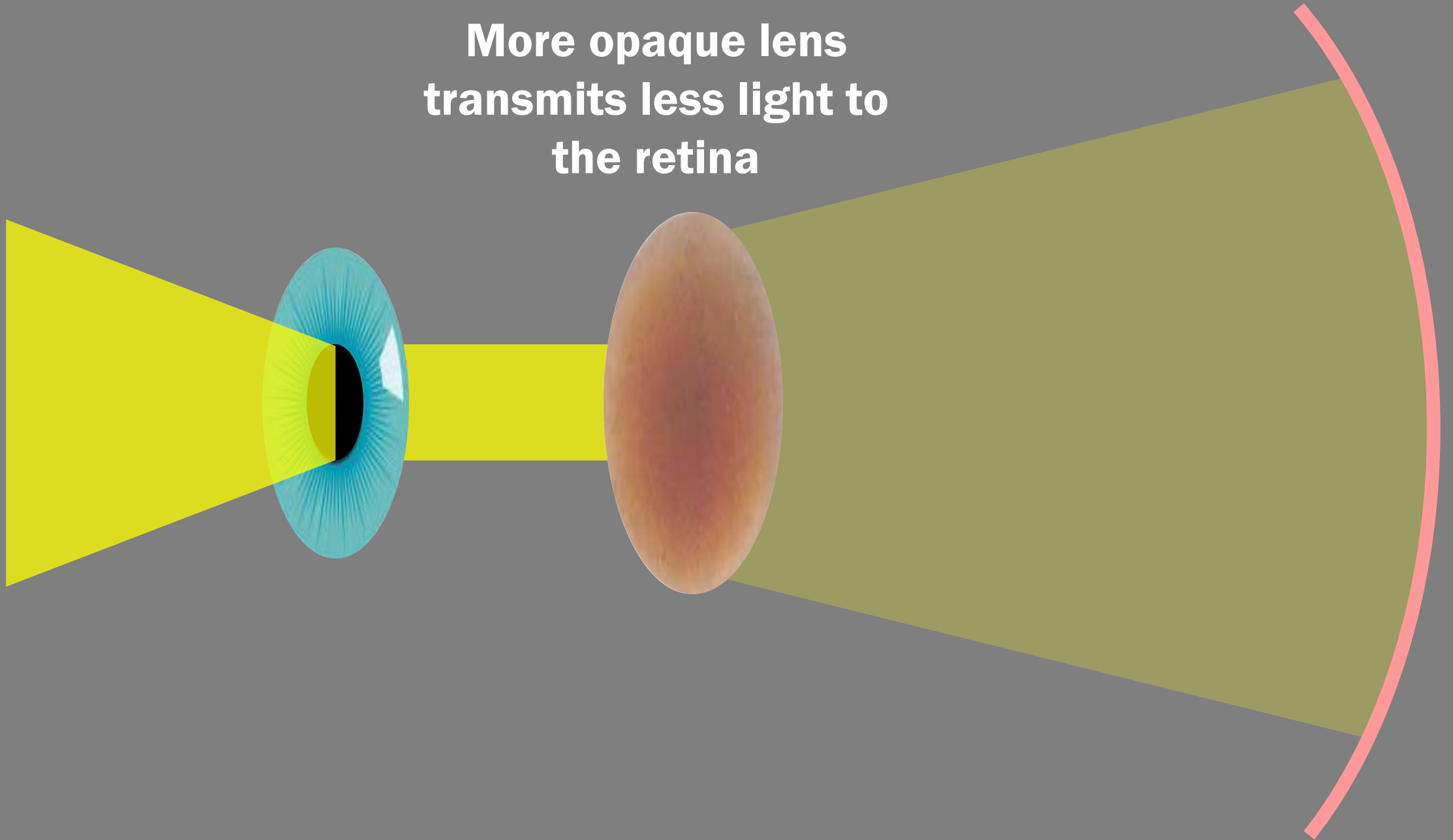
Image Source: Dumbleton K, Guillon M, Theodoratos P et al. The effects of age and refraction on pupil size and visual acuity: implications for multifocal contact lens design and fitting. Poster at BCLA Clinical Conference, May 2015.



**Smaller pupil allows
less light in the eye**



**More opaque lens
transmits less light to
the retina**

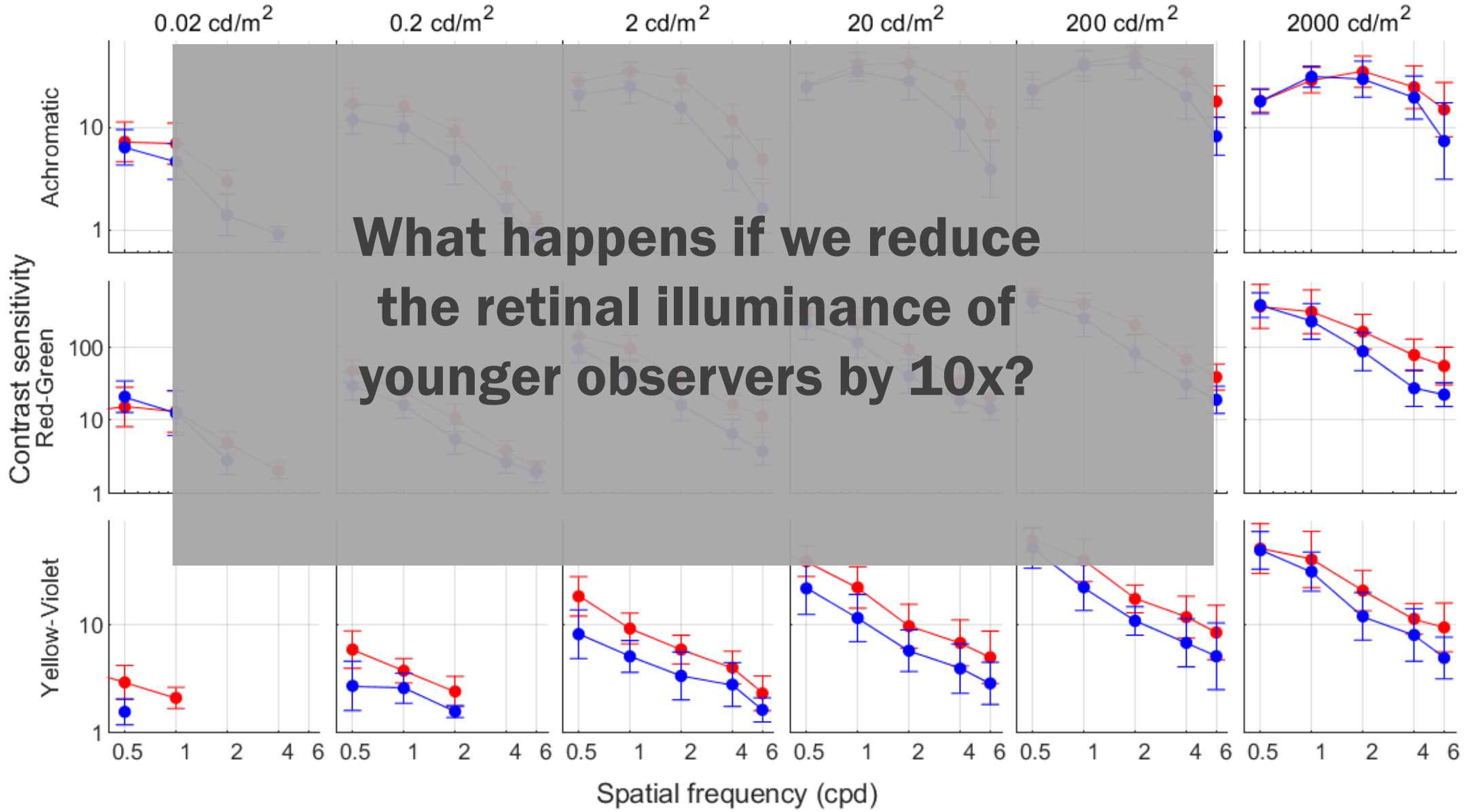


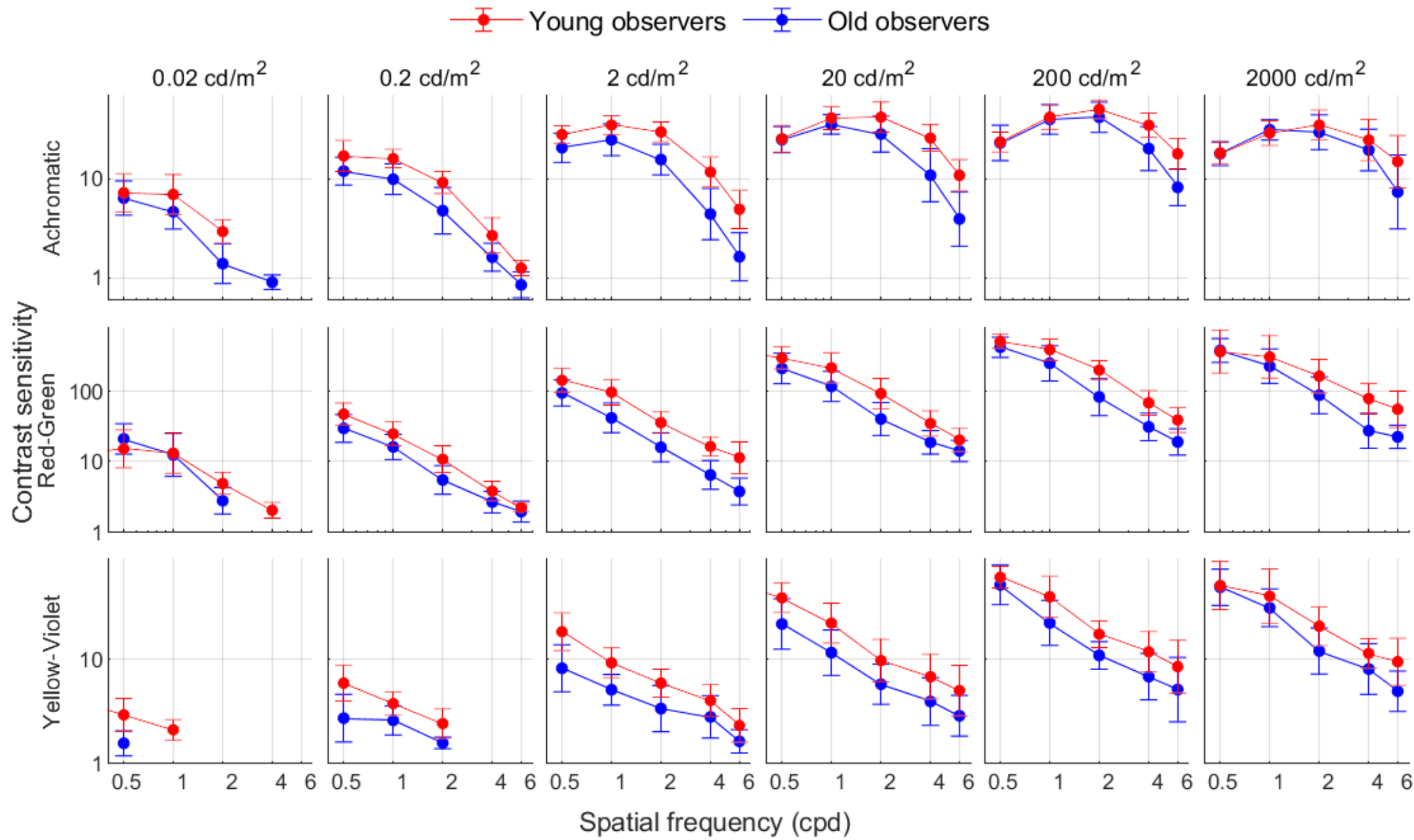
Retinal illumination decreases with age

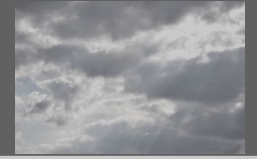
**60 y.o.a transmit ~1/3 the light compared to a
20 y.o.a**



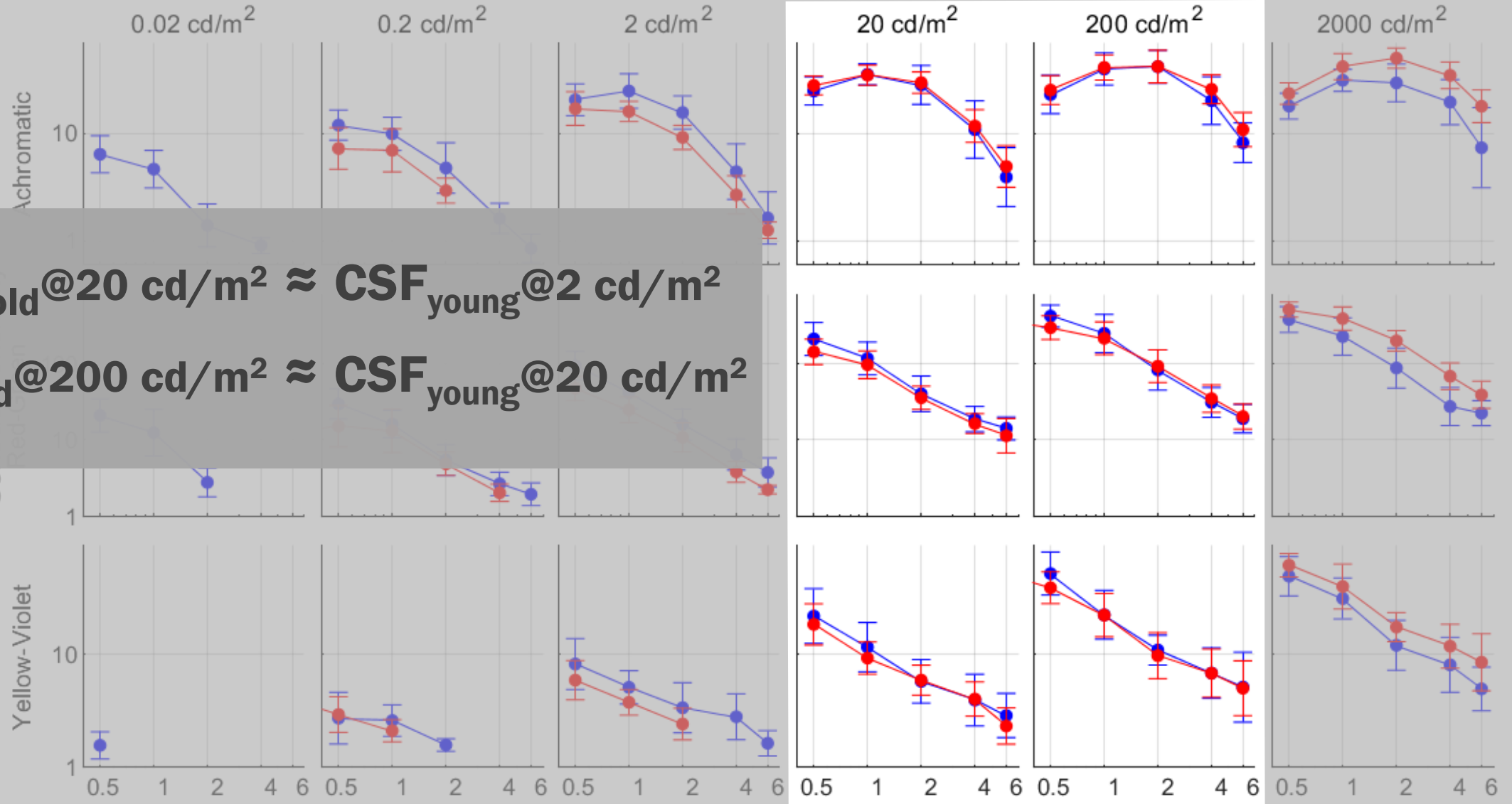
—●— Young observers —●— Old observers







—●— Young observers (reduced luminance)
 —●— Old observers



$CSF_{old}@20 \text{ cd/m}^2 \approx CSF_{young}@2 \text{ cd/m}^2$
 $CSF_{old}@200 \text{ cd/m}^2 \approx CSF_{young}@20 \text{ cd/m}^2$

Spatial frequency (cpd)

**Reduced retinal illumination
with age should explain
some changes in CSFs**

$$CSF = f(x, l, c, \sigma)$$

**Spatial
frequency**

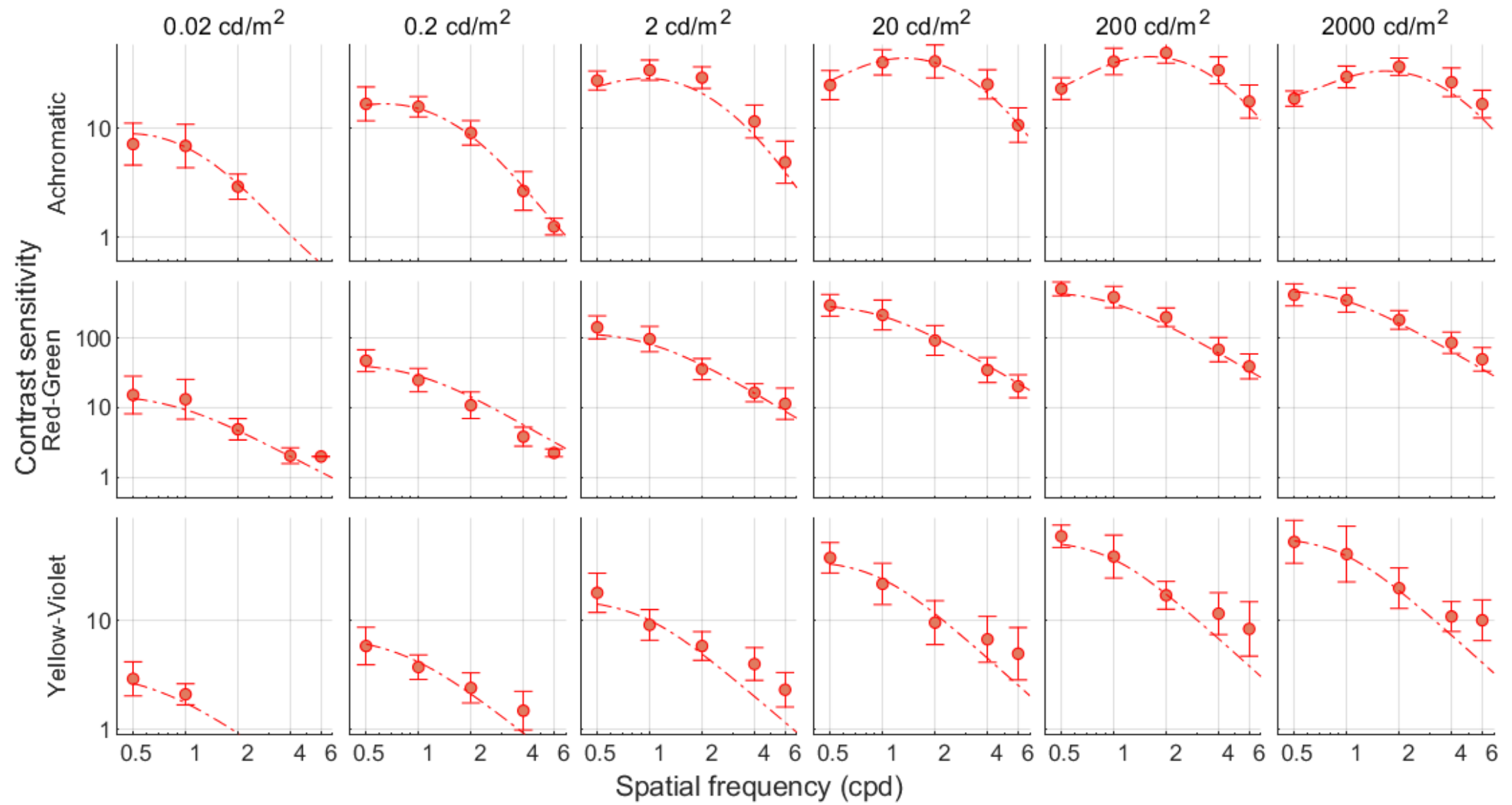
**Mean
luminance**

**Colour
direction**

**Stimulus
size**

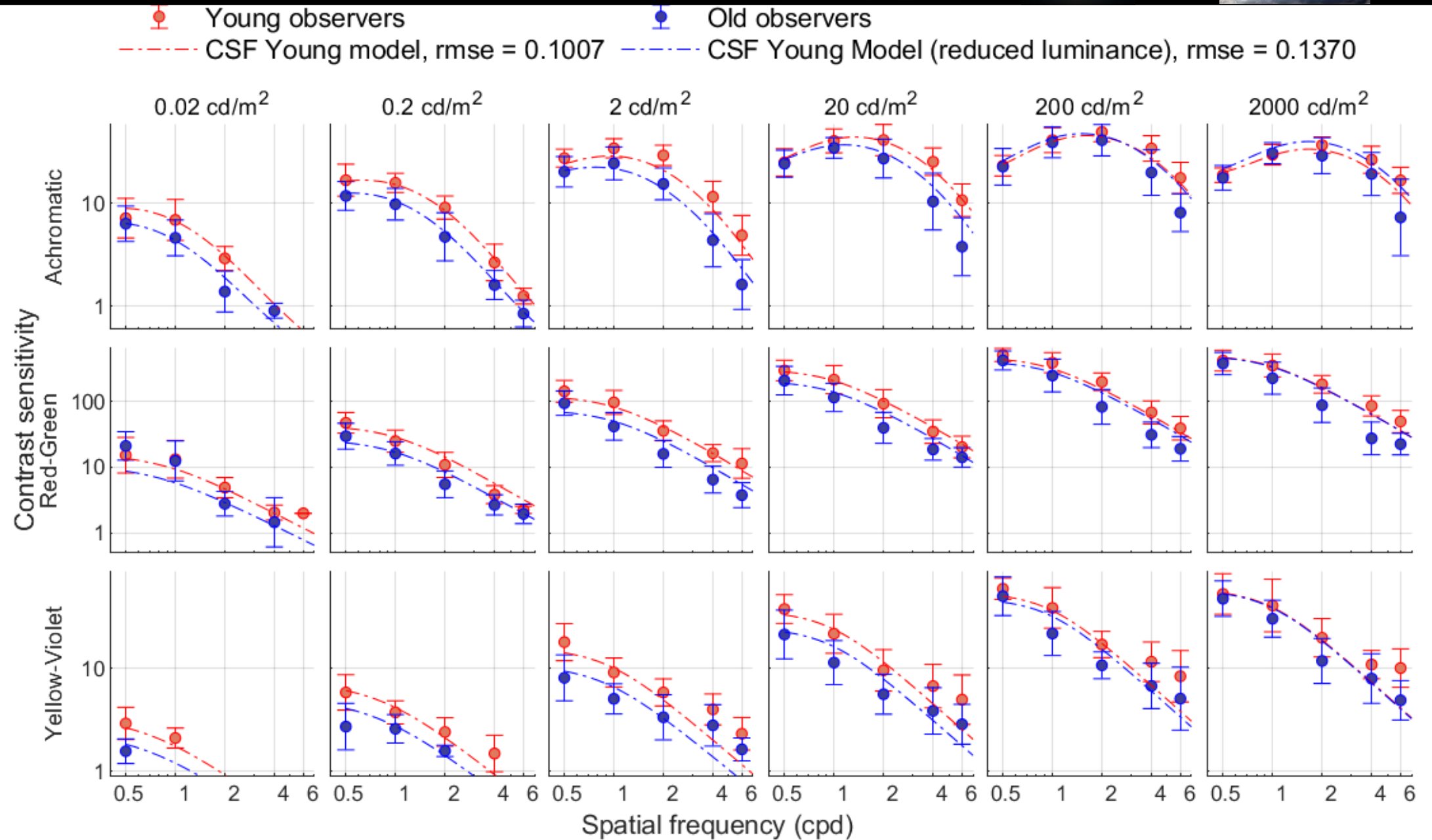


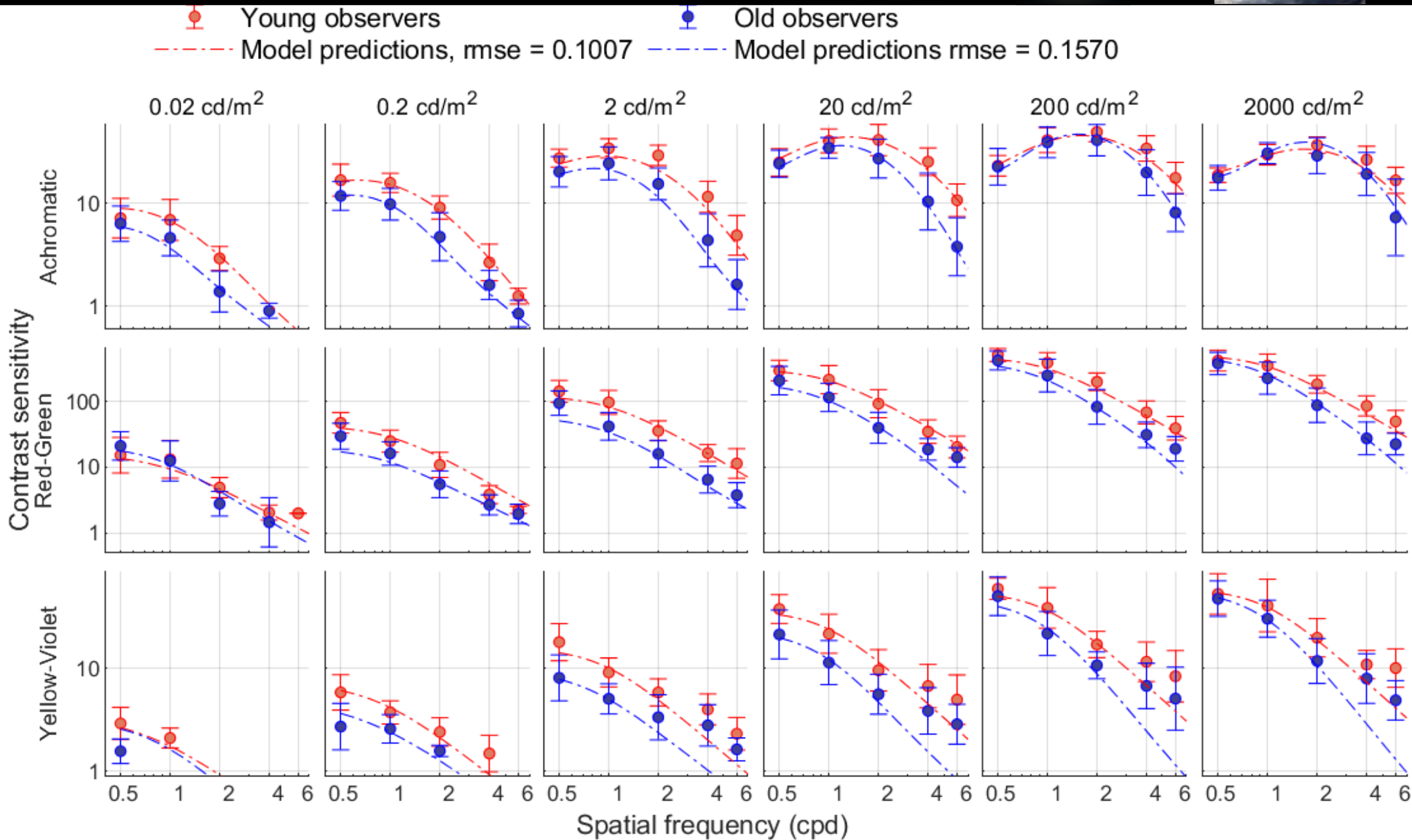
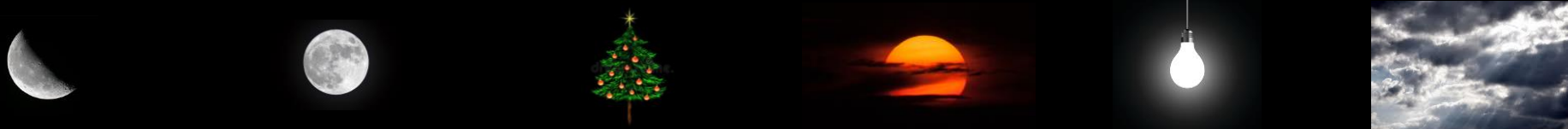
● Young observers - - - - CSF Young model predictions, rmse = 0.1007



Reduced luminance values in fitted model for older observers

Observer Group	Luminances (cd/m ²)					
Young	0.02	0.2	2	20	200	2000
Old	0.007	0.07	0.7	6.7	66.7	666.7

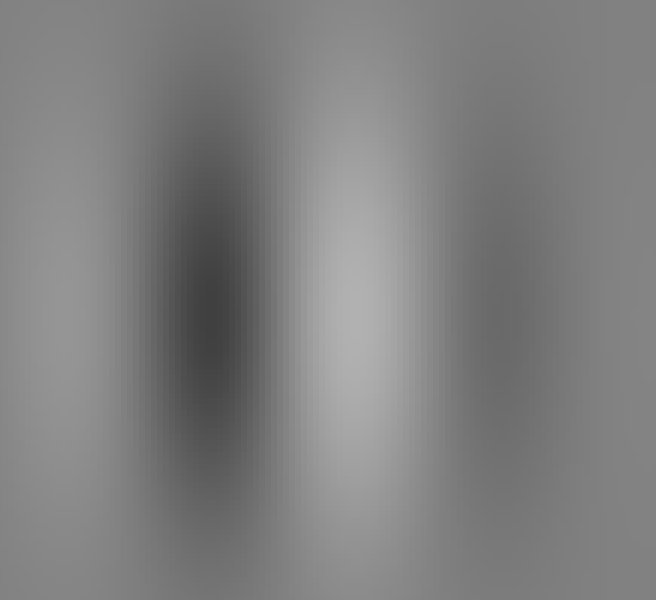




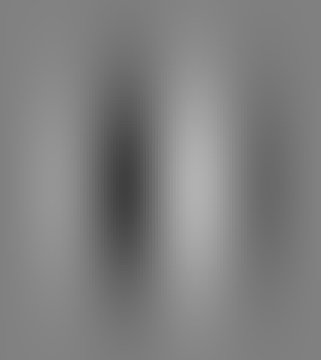
**Does suprathreshold contrast vision
also change with age?**

Kulikowski's contrast constancy model

$$C_1 - C_{1_t} = C_2 - C_{2_t}$$



Pattern 1



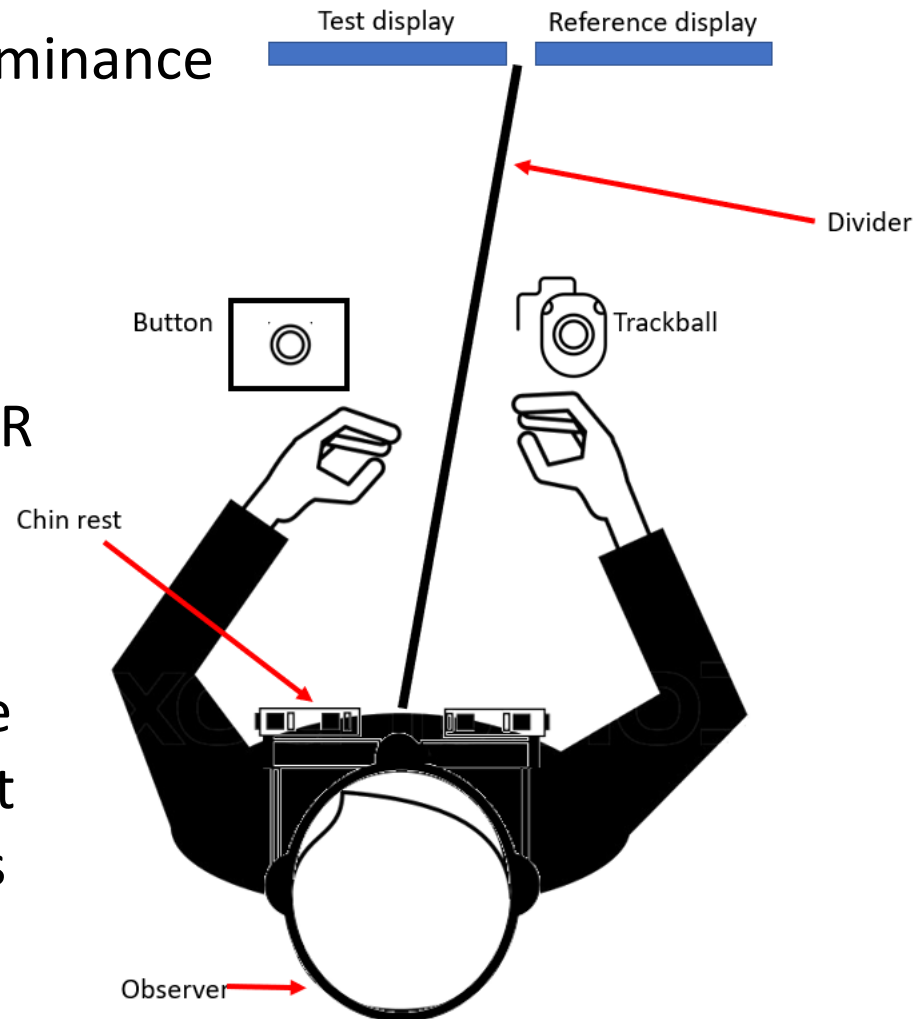
Pattern 2

EXPERIMENT SETUP

Reference stimulus displayed at fixed luminance level

Test stimulus with adjustable contrast displayed on the HDR screen at multiple luminance levels

Observers match the two stimuli such that the contrast appears similar



STIMULI

Reference stimuli: 200 cd/m^2 (old observers), 200 and 20 cd/m^2 (young observers), 0.5, 2, and 4 cpd, 3 color directions

Test stimuli: Each reference stimulus matched with equivalent test stimuli at 0.02, 0.2, 2, 20, 200, and 2000 cd/m^2

Test



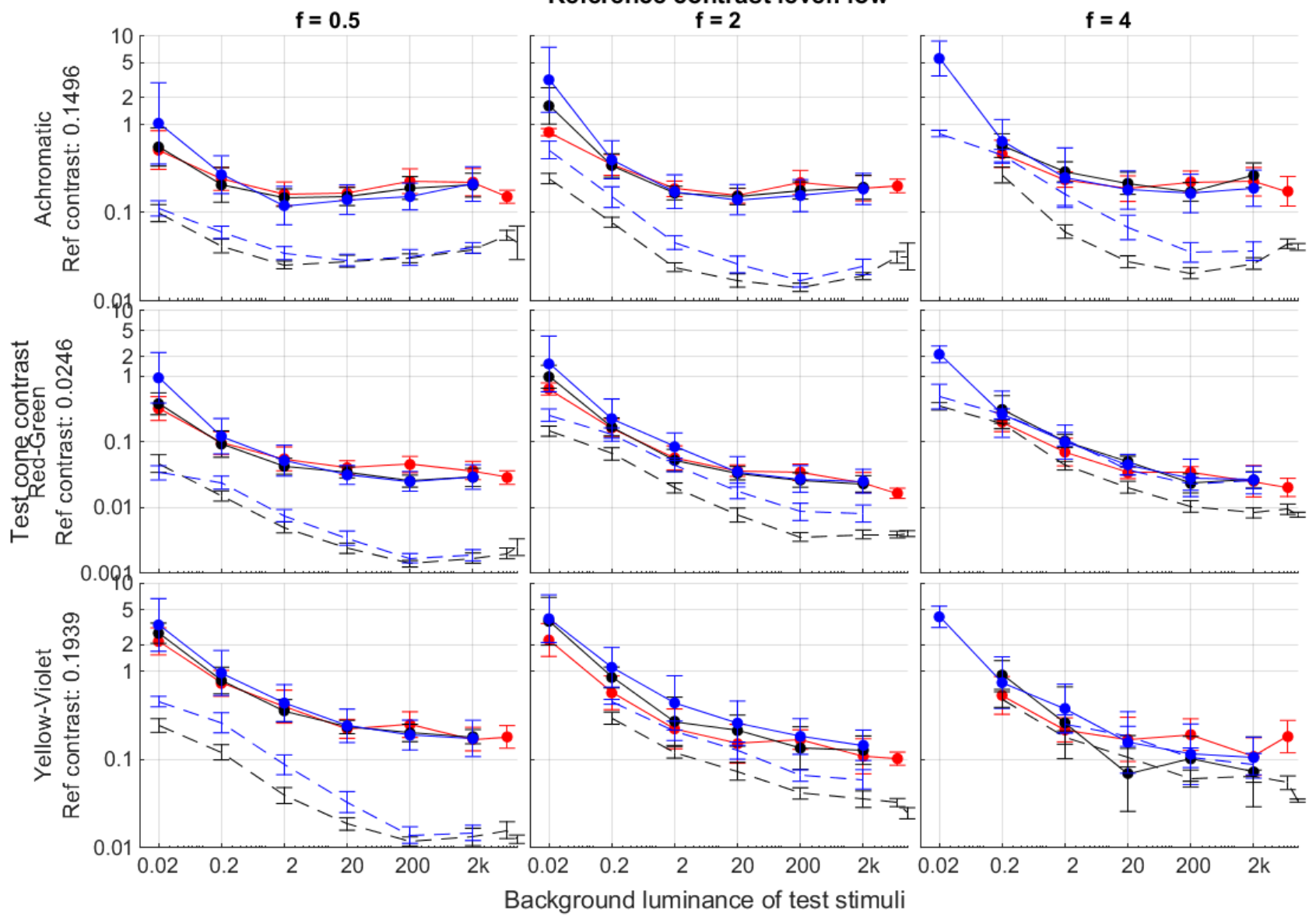
Reference



Results

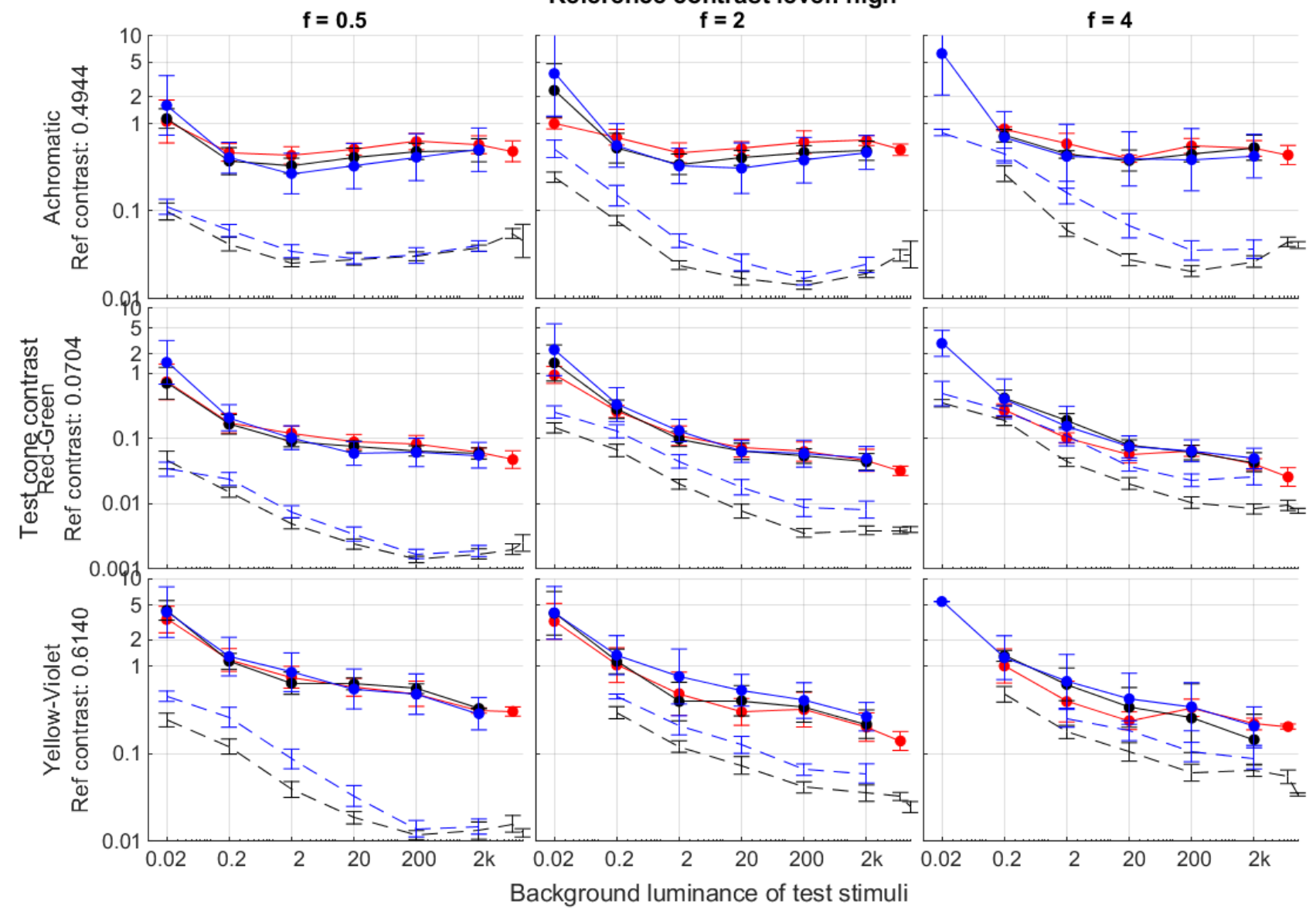
● Young, ref lum: 20, (mean age: 33)
 ● Young, ref lum: 200, mean age: 27
 ● Old, ref lum: 200, mean age: 65
 - - — CSF young
 - - — CSF old

Reference contrast level: low



● Young, ref lum: 20, (mean age: 33)
 ● Young, ref lum: 200, mean age: 28
 ● Old, ref lum: 200, mean age: 65
- - CSF young
 - - CSF old

Reference contrast level: high



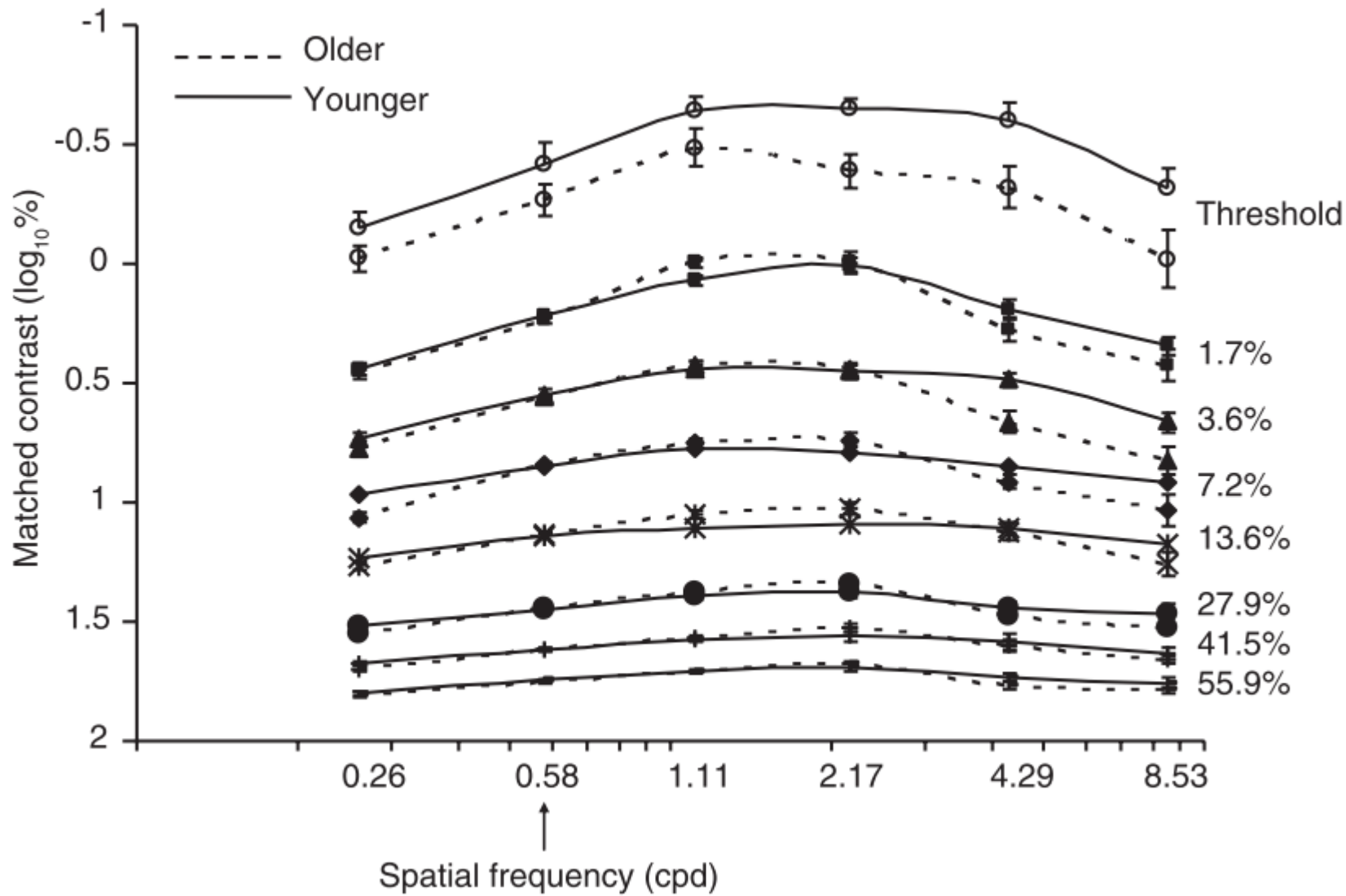


Figure Source: Mei, M., Leat, S. J., & Hovis, J. (2007). Supra-threshold contrast matching and the effects of contrast threshold and age. *Clinical and Experimental Optometry*, 90(4), 272–281.

<https://doi.org/10.1111/j.1444-0938.2007.00162.x>

SUMMARY

- Both chromatic and achromatic contrast sensitivities are reduced as we age
- The effect of age varies at different luminance levels and spatial scales
- Reduction in retinal illumination play a large part in CSF changes (RMSE reduced from 0.3 to 0.14 log units)
- Differences between contrast vision of young and old observers diminish at suprathreshold levels

Thank you



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