

Effect of ageing of human optics on spatio-chromatic contrast sensitivity

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How is spatio-chromatic contrast quantified?

Weber Contrast

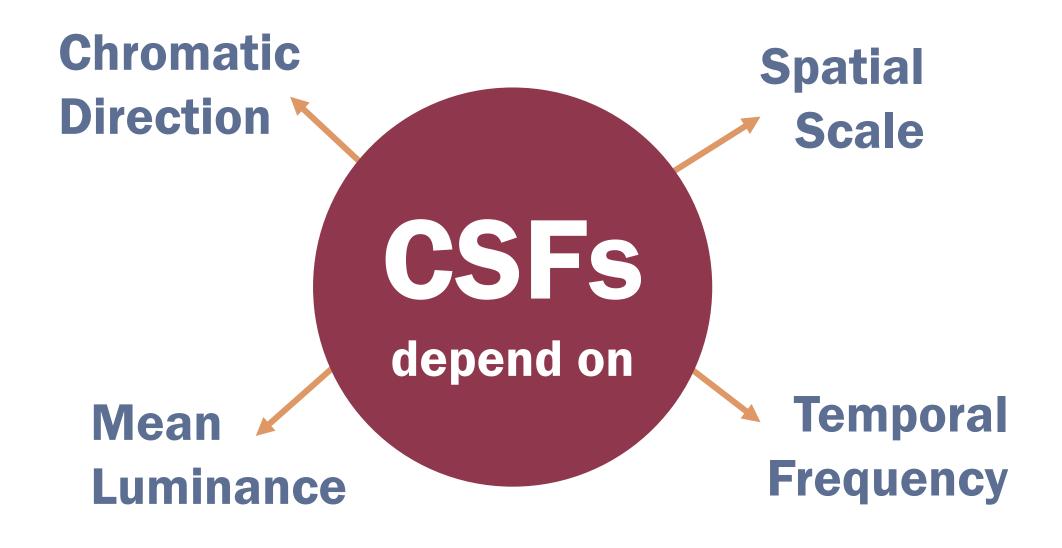
$$C \neq \frac{I - I_b}{I_b}$$

Michelson Contrast

$$C = \frac{I_{max} - I_{min}}{I_{max} + I_{min}}$$

$$C = \frac{1}{3} \sqrt{\left(\frac{\Delta L}{L_0}\right)^2 + \left(\frac{\Delta M}{M_0}\right)^2 + \left(\frac{\Delta S}{S_0}\right)^2}$$

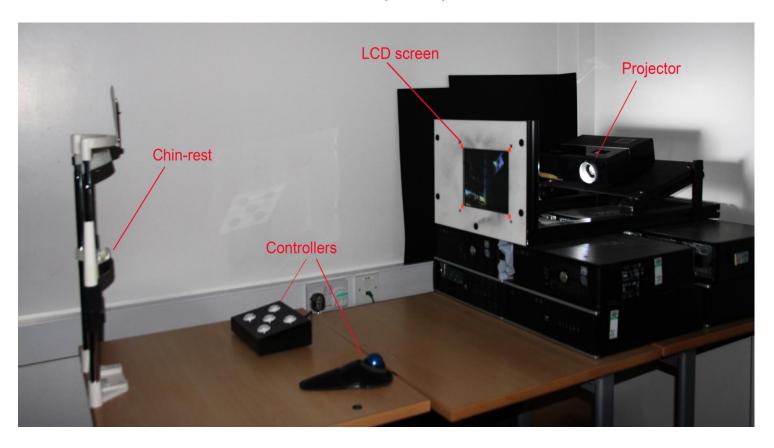
Chaparro, A., Stromeyer, C. F., Huang, E. P., Kronauer, R. E., & Eskew, R. T. (1993). Colour is what the eye sees best. *Nature*, 361(6410), 348-350. Brainard, B. D. H. (1982). Appendix - Part IV: Cone contrast and opponent modulation color spaces. In *Human Color Vision* (pp. 563–579).



Stimuli & Experiment

APPARATUS

HDR display with peak luminance 35,000 cd/m² and maximum contrast: 1,000,000 : 1



METHODOLOGY

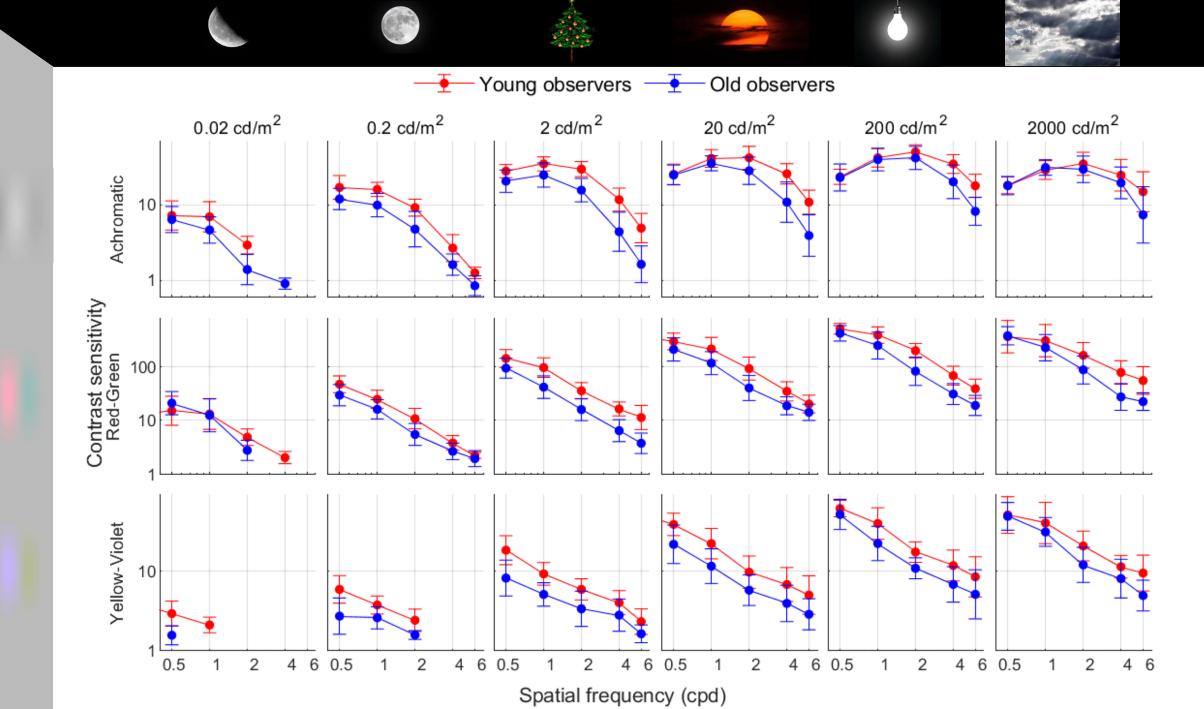
4AFC detection task

5 spatial frequencies and 3 colour directions interleaved within each session

Viewing distance: 91 cm; Display size: 12.5° x 9.4°

20 young colour-normal observers (mean age: 33)
20 old colour-normal observers (mean age: 65)

Results



Contrast sensitivity decreases with age

~ 0.3 LOG UNITS OR 3 DB

Ageing of Human Visual System

Optical

Transmission changes in lens, cornea, ocular fluids, pupil constriction, etc.

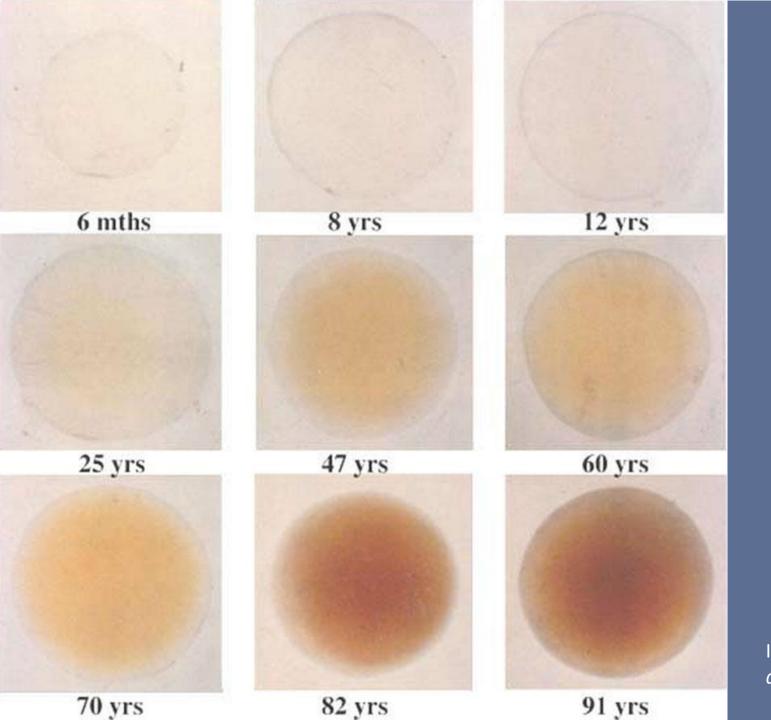
Sensory

Reduction in density of retinal photoreceptors, degradation in cone pathways

Cortical

Neural decline in visual cortex

How does ageing of optical elements affect vision?



AGEING LENS

Lens yellows over time naturally even in the absence of any optical pathology

Image Source: Lerman, Sarah. (1980). Radiant energy and the eye (Vol. 1). Macmillan.

3.8 Average size 3.6 95% confidence Pupil Diameter (mm) 3.4 interval limits 3.2 3 Dim light 2.8 (50 cd/m²) 2.6 Bright light 2.4 (250 cd/m²) 2.2 10 20 30 50 60 40 70 80

SENILE MIOSIS

Pupil size decreases with age

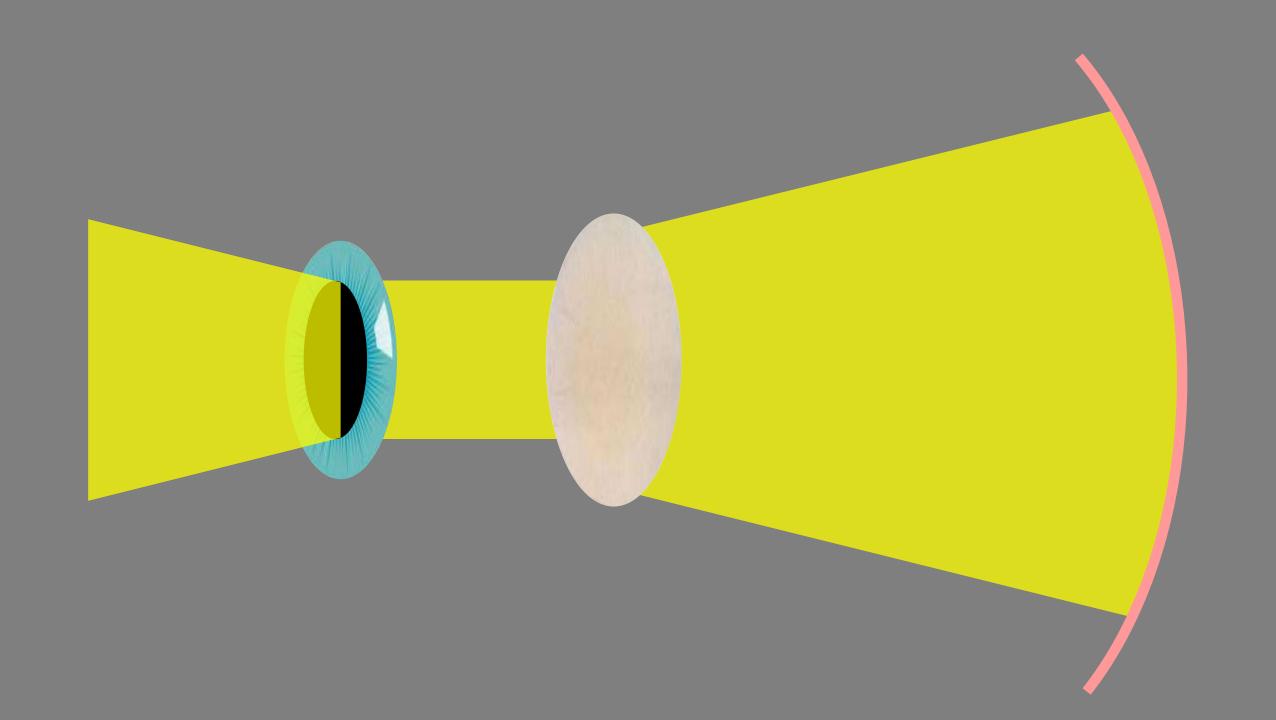
Image Source: Dumbleton K, Guillon M, Theodoratos P et al. The effects of age and refraction on pupil size and visual acuity: implications for multifocal contact lens design and fitting. Poster at BCLA Clinical Conference, May 2015.

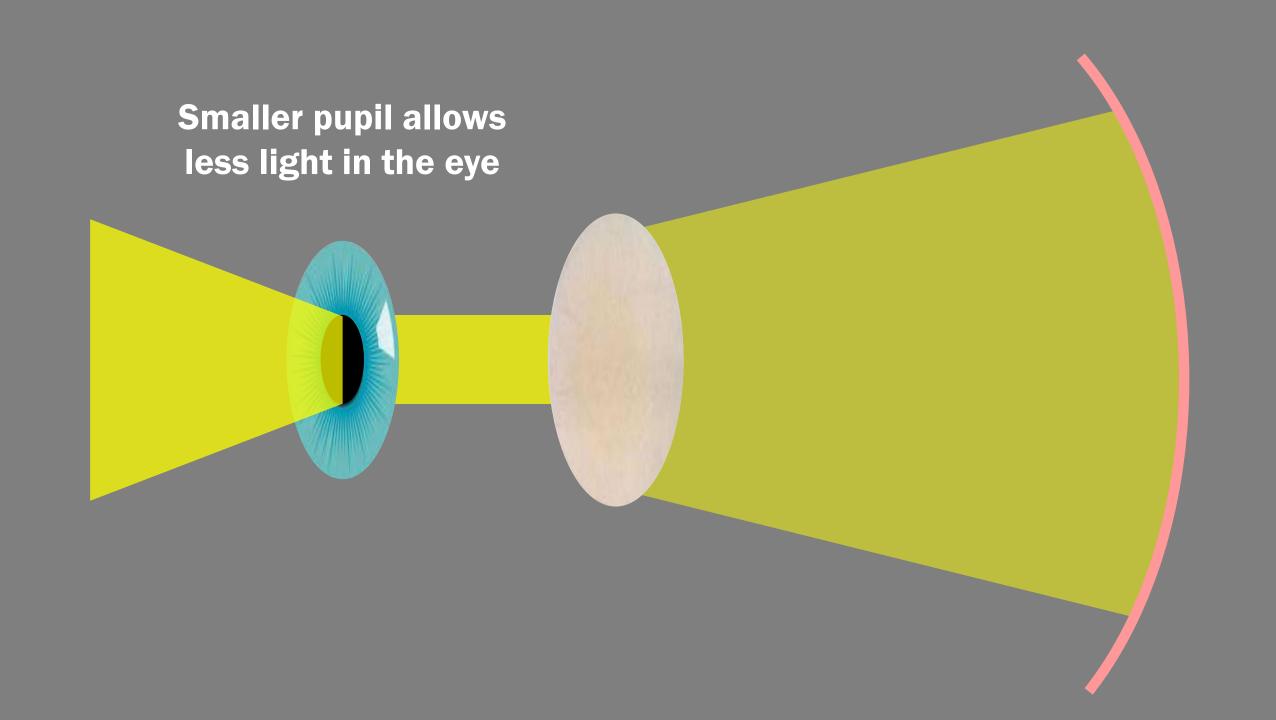
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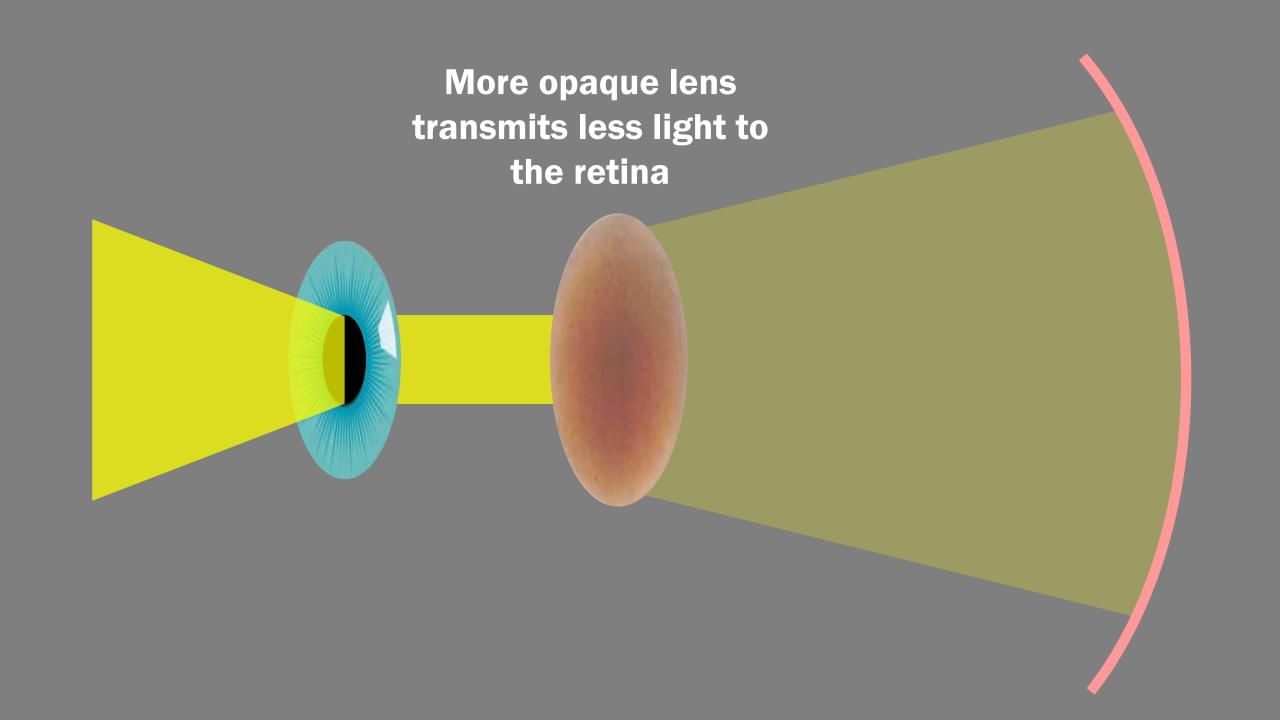
SENILE MIOSIS

- Pupil size decreases with age
- Pupil flexibility decreases with age

Image Source: Dumbleton K, Guillon M, Theodoratos P et al. The effects of age and refraction on pupil size and visual acuity: implications for multifocal contact lens design and fitting. Poster at BCLA Clinical Conference, May 2015.

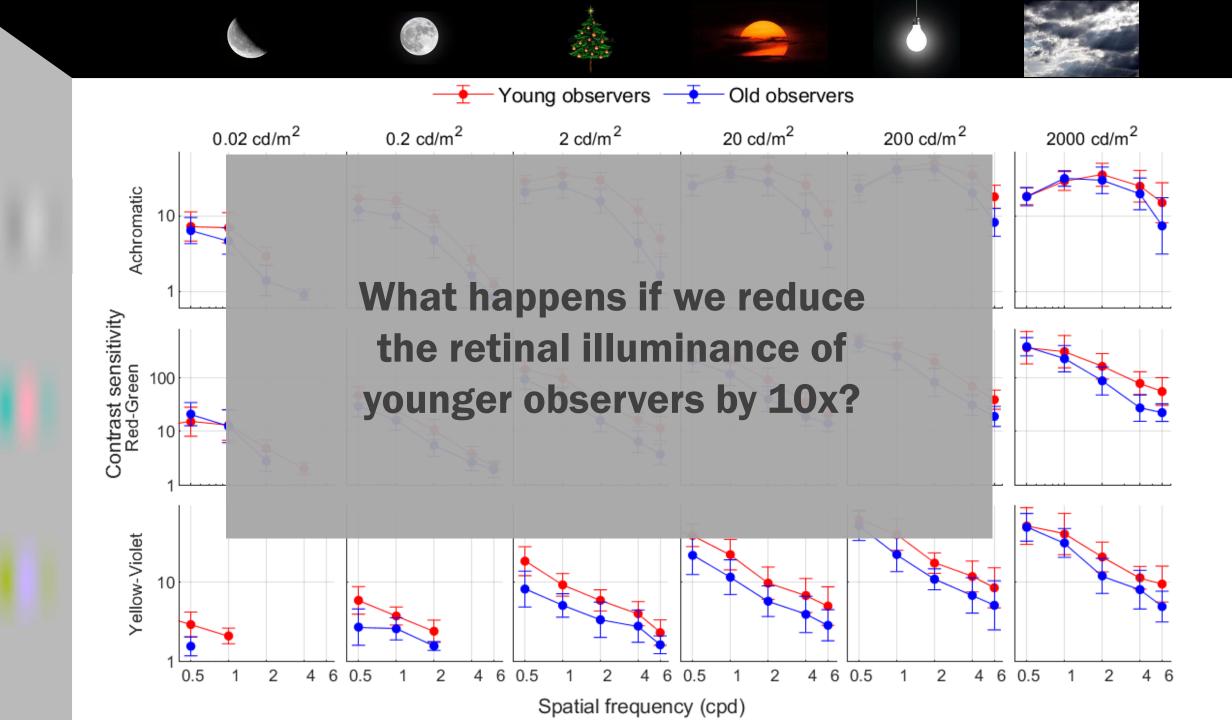


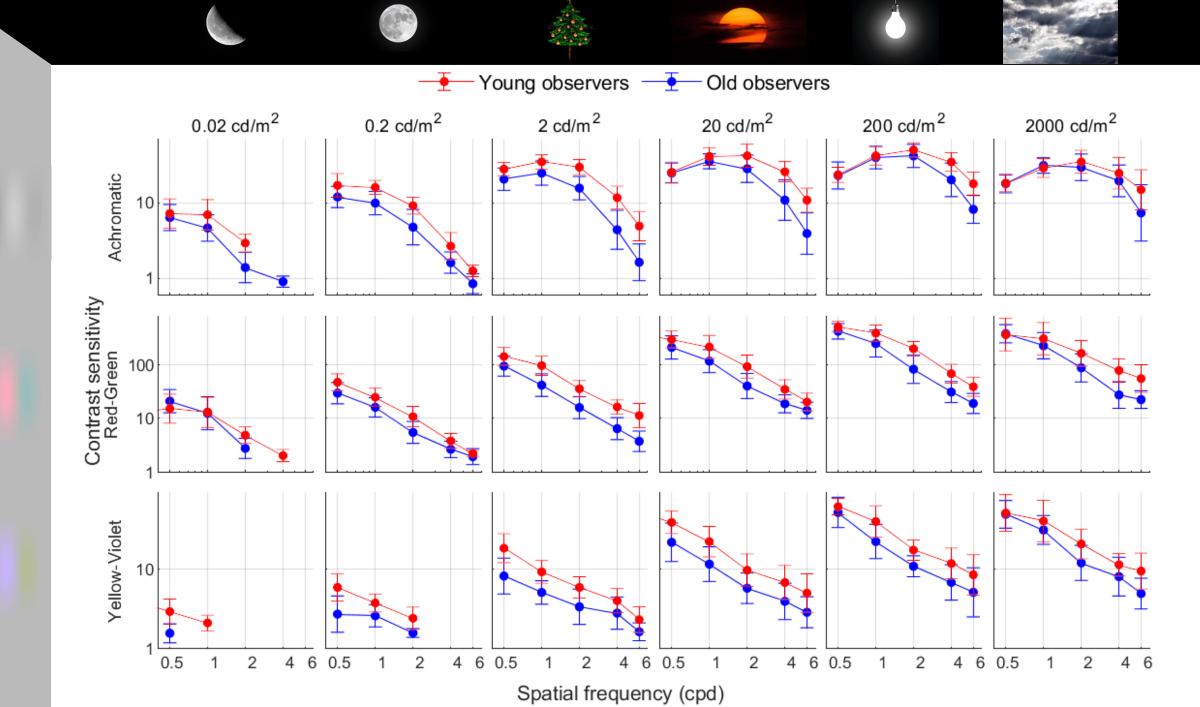


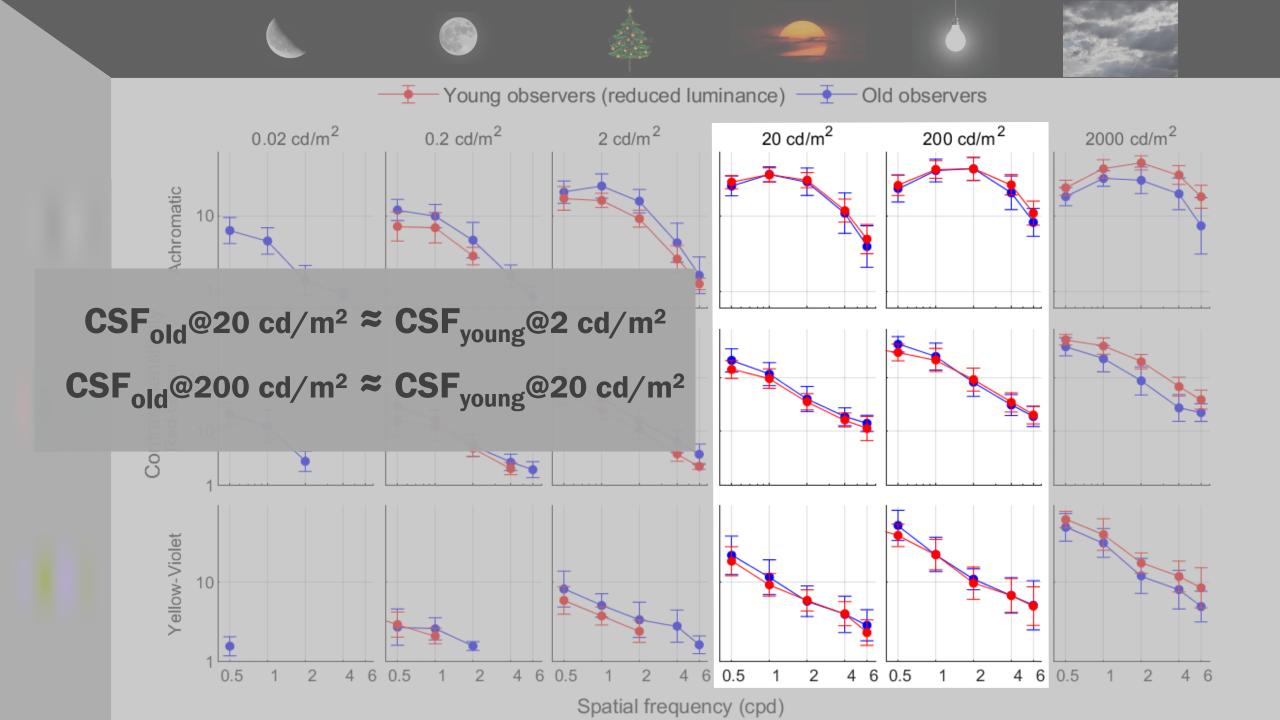


Retinal illumination decreases with age

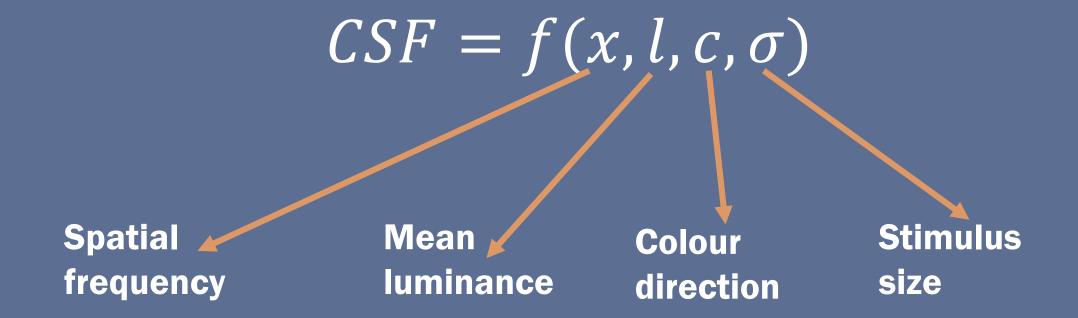
60 y.o.a transmit ~1/3 the light compared to a 20 y.o.a

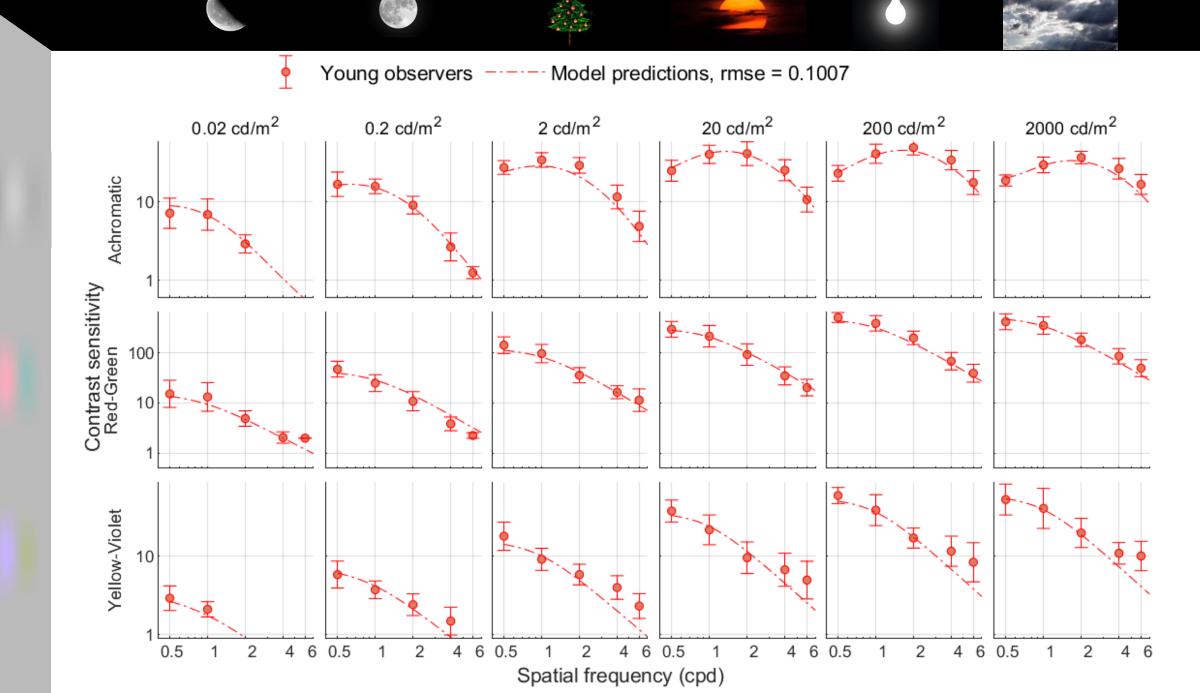


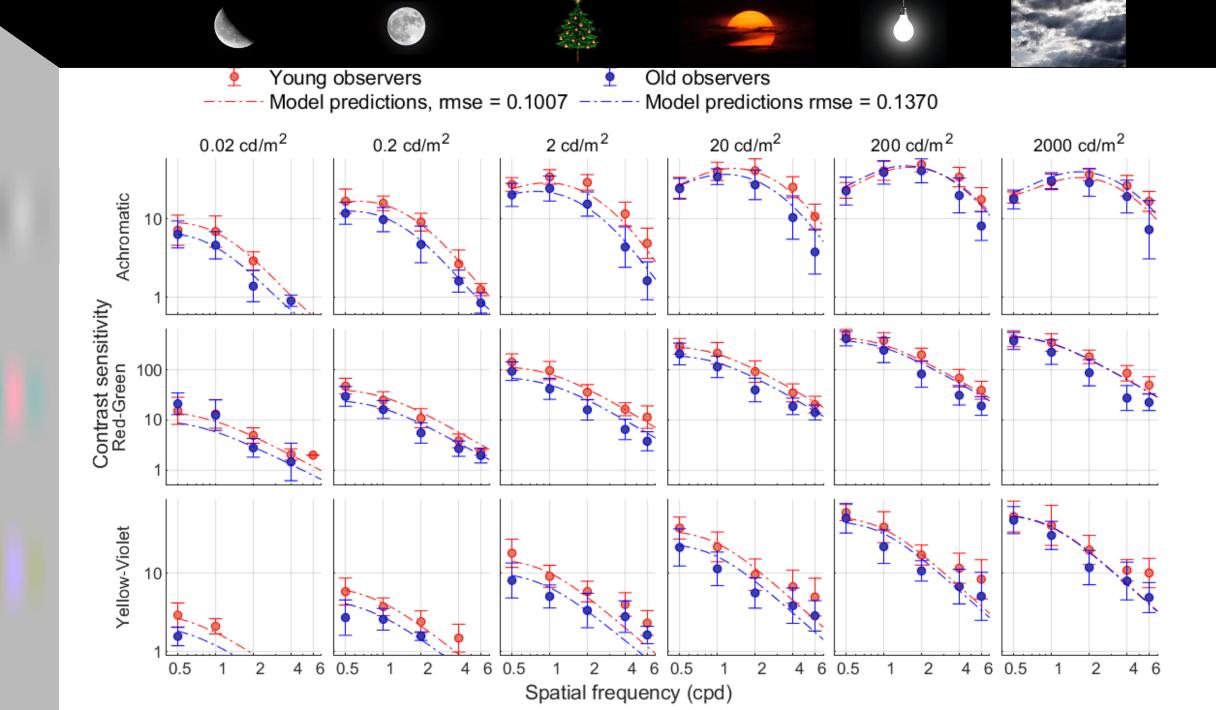


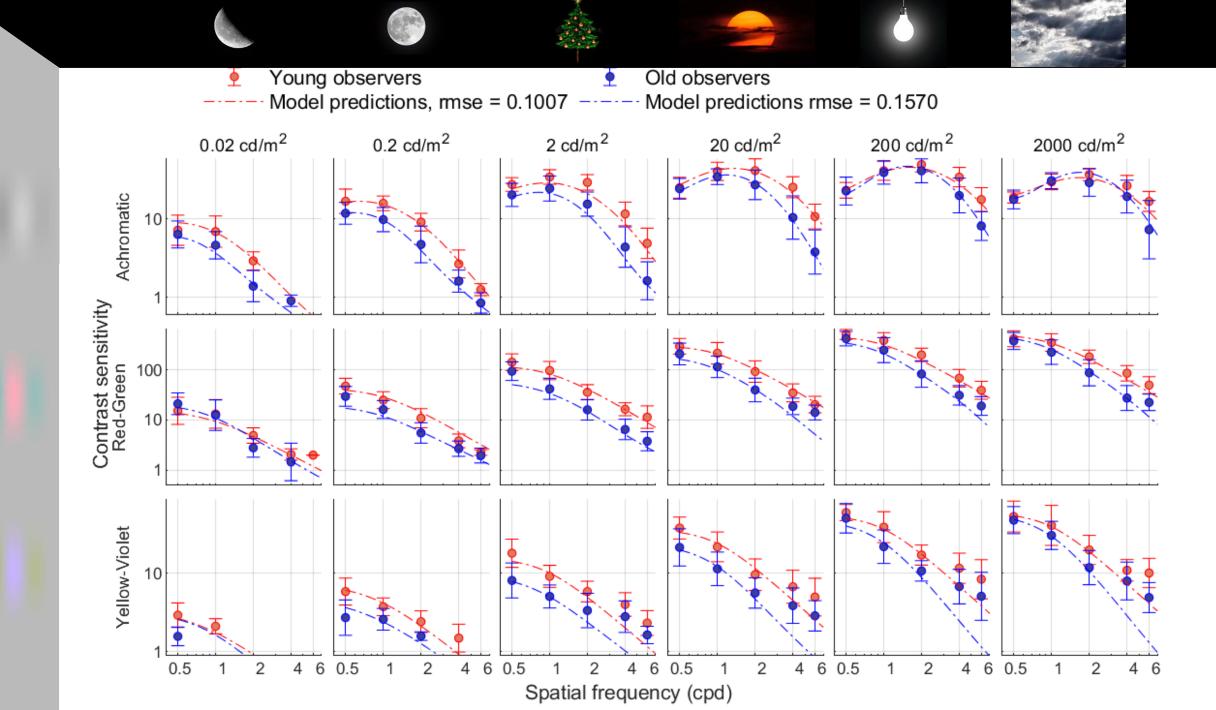


Reduced retinal illumination with age should explain some changes in CSFs









SUMMARY

- Both chromatic and achromatic contrast sensitivities are reduced as we age
- The affect of age varies at different luminance levels and spatial scales
- Optical changes with age play a large part in CSF changes

Thank you



Sophie Wuerger



Rafal Mantiuk



Jasna Martinovic